Registered Number 06796666

ABDUL RAHEEM GROCERS LTD

Abbreviated Accounts

31 January 2011

ABDUL RAHEEM GROCERS LTD **Registered Number 06796666**

Balance Sheet as at 31 January 2011

	Notes	2011		2010	
		£	£	£	£
Fixed assets					
Tangible	2		11,746		14,683
Total fixed assets			11,746		14,683
Current assets					
Stocks		3,945		4,095	
Debtors		105		147	
Cash at bank and in hand		156		1,569	
Total current assets		4,206		5,811	
Creditors: amounts falling due within one year		(18,648)		(19,164)	
Net current assets			(14,442)		(13,353)
Total assets less current liabilities			(2,696)		1,330
Total net Assets (liabilities)			(2,696)		1,330
Capital and reserves					
Called up share capital			1		1
Profit and loss account			(2,697)		1,329
Shareholders funds			(2,696)		1,330

a. For the year ending 31 January 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
c. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 11 October 2011

And signed on their behalf by:
R Mughal, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 January 2011

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures and Fittings	20.00%	Reducing Balance

2 **Tangible fixed assets**

Cost	£
At 31 January 2010	19,577
additions	
disposals	
revaluations	
transfers	
At 31 January 2011	19,577
Depreciation	
At 31 January 2010	4,894
Charge for year	2,937
on disposals	
At 31 January 2011	7,831
Net Book Value	
At 31 January 2010	14,683
At 31 January 2011	11,746