

Registered number
6769637

The Academy of Self Defence Limited

Abbreviated Accounts

31 December 2009

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The Academy of Self Defence Limited
Abbreviated Balance Sheet
as at 31 December 2009

	Notes	2009 £
Current assets		
Cash at bank and in hand	5,127	
Creditors: amounts falling due within one year	(1,573)	
Net current assets		<u>3,554</u>
Total assets less current liabilities		<u>3,554</u>
Creditors: amounts falling due after more than one year		(1,100)
Net assets		<u>2,454</u>
Capital and reserves		
Called up share capital	2	100
Profit and loss account		2,354
Shareholder's funds		<u>2,454</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that the member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime



G Smith
Director

Approved by the board on 4 May 2010

The Academy of Self Defence Limited
Notes to the Abbreviated Accounts
for the year ended 31 December 2009

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

2 Share capital

2009

£

Allotted, called up and fully paid
Ordinary shares of £1 each

100