

Registered Number 06769637

THE ACADEMY OF SELF DEFENCE LIMITED

Abbreviated Accounts

31 December 2011

THE ACADEMY OF SELF DEFENCE LIMITED

Registered Number 06769637

Balance Sheet as at 31 December 2011

	Notes	2011		2010	
		£	£	£	£
Current assets					
Cash at bank and in hand		5,265		4,838	
Total current assets		<u>5,265</u>		<u>4,838</u>	
 Creditors: amounts falling due within one year		 (2,638)		 (4,522)	
 Net current assets			2,627		316
 Total assets less current liabilities			<u>2,627</u>		<u>316</u>
 Creditors: amounts falling due after one year			 (1,293)		
 Total net Assets (liabilities)			 1,334		316
 Capital and reserves					
Called up share capital			100		100
Profit and loss account			<u>1,234</u>		<u>216</u>
Shareholders funds			<u>1,334</u>		<u>316</u>

- a. For the year ending 31 December 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 21 January 2012

And signed on their behalf by:

G Smith, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

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Notes to the abbreviated accounts

For the year ending 31 December 2011

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)