In accordance with Section 854 of the Companies Act 2006

AR01

Annual Return

(For returns made up to a date on or after 1 October 2011)



A fee is payable with this form Please see 'How to pay' on the last page You can use the WebFiling Please go to www.companie

What this form is for
You may use this form to confirm
that the company information is
correct as at the date of this return
You must file an Annual Return at
least once every year

What this form is NOT for You cannot use this form to notice of changes to the cor officers, registered office ad company type or informatio relating to the company records

A12QBILD
A24 15/02/2012 #53
COMPANIES HOUSE
A30 26/01/2012 #122
COMPANIES HOUSE

| Part 1 | Company details | | | | | |
|--------------------------------|--|--|--|--|--|--|
| | The section must be completed by all companies. | → Filling in this form Please complete in typescript or in bold black capitals | | | | |
| | | All fields are mandatory unless specified or indicated by * | | | | |
| A1 | Company details | | | | | |
| Company number | 06764006 | O Company name change If your company has recently | | | | |
| Company name in full | I KINGS RD MENS CTD | changed its name, please provide the company name as at the date of this return | | | | |
| A2 | Return date | · | | | | |
| | Please give the annual return made up date The return date must not be a future date The annual return must be delivered within 28 days of the date given below If you would like the company's made up date to be earlier than 1 October 2011, please complete the ARO1 appropriate for earlier made up dates | ● Date of this return Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose | | | | |
| Date of this return 2 | 102 72 7011 | an earlier return date but it must not be a later date | | | | |
| A3 | Principal business activity | | | | | |
| | Please show the trade classification code number(s) for the principal activity or activities • | Principal business activity You must provide a trade classification code (SIC code 2007) | | | | |
| Classification code 1 | | or a description of your company's | | | | |
| Classification code 2 | | A full list of the trade classification | | | | |
| Classification code 3 | | codes are available on our website www.companieshouse.gov.uk | | | | |
| Classification code 4 | | , | | | | |
| | If you cannot determine a code, please give a brief description of your business activity below | | | | | |
| Principal activity description | eventually to reachold. Sic code 68709 | | | | | |

| | (For returns made up to a date on or after 1 October 2011) | |
|------------------------------|---|---|
| A4 | Company type • | |
| | Please confirm your company type by ticking the appropriate box below (only one box must be ticked) Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital | General Company type If you are unsure of your company type, please check your latest certificate of incorporation or our website www.companieshouse.gov.uk |
| A5 | Registered office address [©] | - |
| Building name/numl Street | ber Flat 5 34 BELVEDERE RD. | Change of registered office This must agree with the address that is held on the Companies House record at the date of this return |
| Post town County/Region | LONDON | If the registered office address has changed, you should complete form AD01 and submit it together with this annual return |
| Postcode | SEIGIZHW | |
| A6 | Single alternative inspection location (SAIL) of the company records (if applicable) | |
| Building name/num Street | ber | SAIL address This must agree with the address that is held on the Companies House record at the date of this return |
| Post town County/Region | | If the address has changed, you should complete form ADO2 and submit it together with this annual return |
| Postcode | | |
| A7 | Location of company records © | <u>1</u> |
| | Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6 Register of members Register of directors Directors' service contracts Directors' indemnities Register of secretaries Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of capital by private company Register of debenture holders | GLocation of company records If the company records are held at the registered office address, do not tick any of the boxes in this section Certain records must be kept by every company while other records are only kept by certain company types where appropriate If the records are not kept at the SAIL address, they must be available at the registered office. If any of the company records have moved from the registered office to the address in Section A6 since |
| | Report to members of outcome of investigation by public company into interests in its shares Register of interests in shares disclosed to public company instruments creating charges and register of charges England and Wales or Northern Ireland Instruments creating charges and register of charges Scotland | the last annual return, you must complete form ADO3 and submit it together with this annual return |

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CHFP000 10/11 Version 5 0

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| Part 2 | Officers of the company | |
|----------------------------|--|--|
| | This section should include details of the company at the date to which this annual return is made up | Continuation pages Please use a continuation page if you need to enter more officer |
| | → For a secretary who is an individual, go to Section B1 → For a corporate secretary, go to Section C1 → For a director who is an individual, go to Section D1 → For a corporate director, go to Section E1 | details. |
| Secretary | | |
| B1 | Secretary's details [©] | |
| | Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4. | Secretary appointments You may not use this form to appoint a secretary To do this, |
| Title* | | please complete form APO3 and submit it together with this annual |
| Full forename(s) | | return |
| Surname | | Corporate details Please use Section C1-C4 to enter |
| Former name(s) ② B2 | Secretary's service address ® | corporate secretary details. Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03 Former name(s) Please provide any previous names which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes |
| | - | - Inc |
| Building name/number | | Service address If you have previously notified |
| Street | | Companies House that the service address is at 'The Company's Registered Office', please state 'The |
| Post town | | Company's Registered Office' in the address. |
| County/Region | | This information will appear on the |
| Postcode | | public record |
| | | |

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Corporate secretary

| C1 | Corporate secretary's details ⁹ | |
|---|---|---|
| Corporate body/firm name | Please use this section to list all the corporate secretaries of the company | Ocorporate secretary appointments You cannot use this form to appoint a corporate secretary To do this, please complete form AP04 and submit it together with this annual |
| Building name/number | | return Corporate secretary details |
| Street | | All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have |
| Post town | | not notified us, please complete form CH04 |
| County/Region | | This information will appear on the |
| Postcode | | public record |
| Country | | |
| C2 | Location of the registry of the corporate body or firm | |
| _ | Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only | |
| C3 | EEA companies ® | |
| | Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register | ● EEA A full list of countries of the EEA can be found in our guidance |
| Where the company/ firm is registered 9 | | This is the register mentioned in Article 3 of the First Company Law |
| Registration number | | Directive (68/151/EEC) |
| C4 | Non-EEA companies | <u> </u> |
| | Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register. | Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in |
| Legal form of the corporate body or firm | | that register |
| Governing law | | |
| If applicable, where the company/firm is registered 9 | | |
| If applicable, the registration number | | |

Annual Return (For returns made up to a date on or after 1 October 2011)

Director

| D1 | Director's details [©] | |
|---------------------------------|---|---|
| | Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4 | O Director appointments You cannot use this form to appoint a director To do this, please |
| Title* | MR | complete form AP01 and submit it together with this annual return |
| Full forename(s) | PAUL SPIRO | Corporate details |
| Surname | B-REENAN | Please use Section E1-E4 to enter corporate director details. |
| Former name(s) • | | Director details All details must agree with those previously notified to Companies |
| Country/State of residence | V.K. | House If you have made changes since the last annual return and have not notified us, please |
| Nationality | U, K, | complete form CH01 |
| Date of birth | 25 7 2 1955 | Former name(s) Please provide any previous names |
| Business occupation (rf any) | | which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes. |
| D2 | Director's service address o | |
| Building name/numb | er Flat 5 | Service address If you have previously notified |
| Street | 34 BELVEDERE RD | Companies House that the service address is at 'The Company's Registered Office', please state 'The |
| Post town | LONDON | Company's Registered Office' in the address. |
| County/Region | | This information will appear on the public record |
| Postcode | SET 9 ZHW | public record |
| Country | U.K. | |

Annual Return
(For returns made up to a date on or after 1 October 2011)

Corporate director

| E1 | Corporate director's details Output Description: | |
|---|---|---|
| | Please use this section to list all the corporate director's of the company | O Corporate director appointments You cannot use this form to appoint a corporate director To do this, |
| Corporate body/firm name | | please complete form APO2 and submit it together with this annual return |
| Building name/number | | Corporate director details All details must agree with those |
| Street | | previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete |
| Post town | | form CH02 |
| County/Region | | This information will appear on the public record |
| Postcode | | |
| Country | | |
| E2 | Location of the registry of the corporate body or firm | |
| | Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only | |
| E3 | EEA companies ® | |
| | Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register | ❷ EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk |
| Where the company/ firm is registered | | This is the register mentioned in Article 3 of the First Company Law |
| Registration number | | Directive (68/151/EEC) |
| E4 | Non-EEA companies | |
| | Please give details of the legal form of the corporate body or firm and the law by which it is governed if applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register | Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in |
| Legal form of the corporate body or firm | | that register |
| Governing law | | |
| If applicable, where the company/firm is registered 9 | | |
| If applicable, the registration number | | |

Annual Return (For returns made up to a date on or after 1 October 2011)

| Part 3 | Statement of capital o | | | | | |
|--|--|---|---|--|--|---|
| | Does your company have share capital? → Yes Complete the sections below and the following Part 4 → No Go to Part 5 (Signature) | | | capital s | This should reflect the company's capital status at the made up date of this annual return | |
| F1 | Share capital in | pound sterling (| f) | | | |
| | | each class of shares he complete Section F1 a | ld in pound sterling and then go to Section F4 | | | |
| Class of shares (E.g. Ordinary/Preference etc |) | Amount paid up on each share ② | Amount (if any) unpaid on each share ② | Number of shar | es 0 | Aggregate nominal value 3 |
| Ordinar | У | 51 | | 2 | | EZ |
| | <i></i> | | | | | £ |
| | | | | | | £ |
| | | | | | | £ |
| | | | Totals | 2 | | £ 2 |
| F2 | Share capital ir | other currencies | | | | |
| Please complete the ta Please complete a sep | | any class of shares held currency | d in other currencies | | | |
| Currency | | | | | | |
| Class of shares (E g Ordinary/Preference etc) | | Amount paid up on each share @ | Amount (if any) unpaid on each share | Number of shar | es O | Aggregate nominal value 4 |
| | | | | | | |
| | | <u>l </u> | Totals | | | <u> </u> |
| | · · · · · · · · · · · · · · · · · · · | | | <u> </u> | | <u> </u> |
| Currency | [| | | | | |
| Class of shares (E g Ordinary/Preference etc | :) | Amount paid up on each share | Amount (if any) unpaid on each share | Number of shar | es 6 | Aggregate nominal value • |
| | | | | | | |
| | | | | | | |
| | | | Totals | | | |
| F3 | Totals | | | | | |
| | issued share capital Please list total agg | | | | | ggregate nominal value ist total aggregate values in |
| Total number of shares | | | | | | t currencies separately For e £100 + \$10 etc |
| Total aggregate nominal value 9 | | | | | | |
| Including both the noming share premium Total number of issued states | | Number of shares issue nominal value of each | share Plea | tinuation Pag se use a Staten e if necessary | | tal continuation |

Annual Return (For returns made up to a date on or after 1 October 2011)

| F4 | Statement of capital (Voting rights) | | | | |
|----------------|--|--|--|--|--|
| | Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2 | | | | |
| Class of share | Ordinary | | | | |
| Voting rights | One vote per share, under all circumstances. | | | | |
| Class of share | | | | | |
| Voting rights | | | | | |
| Class of share | | | | | |
| Voting rights | | | | | |
| Class of share | | | | | |
| Voting rights | | | | | |

| | ARO1 Annual Return (For returns made up to a date on or after 1 October 2011) | | | | |
|------------|---|--|--|--|--|
| Part 4 | Shareholders | | | | |
| | Does your company have share capital? → Yes go to Section G1 'Companies with share capital' → No Go to Part 5 (Signature) | | | | |
| G1 | Companies with share capital | | | | |
| Question 1 | Were any of the company's shares admitted to trading on a market at any time during this return period? Please tick the appropriate box below No go to Section G2 'Past and present shareholders' Yes go to Question 2 | ● A market is one established under the rules of a UK recognised investment exchange or any other regulated markets in or outside of the UK, or any other market outside | | | |
| Question 2 | Please only refer to Question 2 below if you have answered 'Yes' to Question 1 If you answered 'No', please go to Section G2 'Past and present shareholders' | of the UK. The current UK recognized investment exchanges and regulated markets can be found at www.fsa.gov.uk/register/exchanges.do | | | |
| | Did the company, throughout the return period, have any shares admitted to trading on a relevant market and was it, throughout the return period, an issuer to which DTR5 applies? Please tick the appropriate box below DTR5 applies? Please tick the appropriate box below Issuer Notification Rules comin Chapter 5 of the Disclosur Transparency Rules source by issued by the Financial Service. | | | | |
| | No go to Section G4 'Shareholders who hold at least 5% of any class of shares of the company as at the made up date of the return' Yes go to Part 5 'Signature' | Authority Notification is required when the percentage acquisition of a shareholder in the company has reached a certain threshold (starting at 3%) | | | |
| G2 | List of past and present shareholders Output Description: | | | | |
| | The company is required to provide a full list of past and present shareholders if one was not included with either of the last two returns. Please tick the appropriate box below There were no shareholder changes in this period. Go to Part 5 (Signature) A full list of shareholders is enclosed A list of shareholder changes is enclosed | This section only applies to companies answering 'No' in Section G1 | | | |
| | How is the list of shareholders enclosed. Please tick the appropriate | | | | |
| | box below The list of shareholders is enclosed on paper Go to Section G3 'List of past and present shareholders' | | | | |
| | The list of shareholders is enclosed in another format. Go to Part 5 (Signature) | | | | |
| | | | | | |

Annual Return

(For returns made up to a date on or after 1 October 2011)

List of past and present shareholders o

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

 Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

| | | Shares or stock Currently held Shares or stock transferred (if appropriate transferred currently held) | | ed (if appropriate) |
|--|----------------|--|-------------------------------------|----------------------------------|
| Shareholder's Name (Address not required) | Class of share | Number of shares or amount of stock | Number of shares or amount of stock | Date of registration of transfer |
| | | | | 1 1 |
| | | | | 1 1 |
| | | | | 1 1 |
| | | | | / / |
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| | | | | 1 1 |
| | | | | |

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(For returns made up to a date on or after 1 October 2011)

G4

Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 5 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return' continuation page if necessary

| | | Shares or stock currently held | | |
|--------------------|-----------------------|--------------------------------|-------------------------------------|--|
| Shareholder's name | Shareholder's address | Class of share | Number of shares or amount of stock | |
| | | | | |
| | | | | |
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(For returns made up to a date on or after 1 October 2011)

| Part 5 | Signature | |
|-----------|--|---|
| | This must be completed by all companies | O Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership O Person authorised Under either section 270 or 274 of the Companies Act 2006 |
| | I am signing this form on behalf of the company | |
| Signature | Signature X Paul Scern | |
| | This form may be signed by Director •, Secretary, Person authorised •, Charity commission receiver and manager, CIC manager, Judicial factor | |