



Please complete in typescript,
or in bold black capitals.

CHWP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

6749124

Company Name in full

Activate Your Life

Date of
appointment

Day Month Year
1 4 1 1 2 0 0 8

[†]Date of
Birth

Day Month Year
2 3 1 2 1 9 6 7

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

MRS

*Honours etc

NONE

Notes on completion
appear on reverse.

Forename(s)

MANDY LORNA

Surname

CATTO

Previous
Forename(s)

NONE

Previous
Surname(s)

DUNCAN

^{††} Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

^{††} Usual residential
address



Post town

GARTH LODGE, 10 ROWLANDS HILL,

WIMBORNE

Postcode

BH21 1AN

County / Region

DORSET

Country

ENGLAND

[†]Nationality

BRITISH

[†]Business occupation

TEACHER

[†]Other directorships
(additional space overleaf)

BROADSHADE INVESTMENTS LTD,
MOUNTWEST 436 LTD.

Consent signature

Mandy Catto

Date

27th Dec 2008

* Voluntary details.

[†] Directors only.

^{††} Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

27. 12. 2008

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the

WRIGLEYS SOLICITORS LLP (REF: JEG)

19 COOKRIDGE STREET, LEEDS

LS2 3AG Tel 0113 244 6100

DX number 12020 DX exchange LEEDS 1

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh 2

WEDNESDAY



A76

ALCUG6BY

07/01/2009

COMPANIES HOUSE

14

Company Number 6749124

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.