

Please complete in typescript,
or in bold black capitals.

Change in situation or address of Registered Office

CHFP016

Company number

06739226

Company Name in full

A&B FITNESS LIMITED

New situation of registered office

NOTE:-

The change in the situation of the registered office does not take effect until the Registrar has registered this notice.

For 14 days beginning with the date that a change of registered office is registered, a person may validly serve any document on the company at its previous registered office.

PO Box numbers only are not acceptable.

For English and Welsh companies, the address must be in England or Wales.
For Scottish companies, the address must be in Scotland.

Address

13-14 GELLIWASTAD ROAD

Post town

PONTYPRIDD


County / Region

RHONDDA CYNON TAFF

Postcode

CF37 2BW

Signed



Date

2/3/2009

† Please delete as appropriate

† a director / ~~secretary~~ / administrator / administrative receiver / liquidator / receiver-manager / receiver

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Sullivans Accountants (South Wales) Ltd

14 Gelliwastad Road

Pontypridd

Mid Glam CF37 2BW

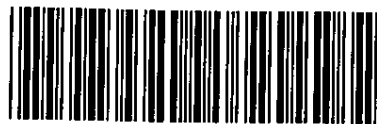
Tel 01443 400049

DX number

DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
DX 235 Edinburgh or LP - 4 Edinburgh 2
for companies registered in Scotland



APBWR7VZ

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04/03/2009

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COMPANIES HOUSE

WEDNESDAY