

Registered Number 06732193

ABSOLUTE PERFORMANCE LTD

Abbreviated Accounts

31 March 2014

Abbreviated Balance Sheet as at 31 March 2014

	<i>Notes</i>	<i>2014</i>	<i>2013</i>
		£	£
Fixed assets			
Tangible assets	2	600	-
		<u>600</u>	<u>-</u>
Current assets			
Stocks		44,632	37,969
Debtors		60,379	23,406
Cash at bank and in hand		74,572	22,393
		<u>179,583</u>	<u>83,768</u>
Creditors: amounts falling due within one year		<u>(140,061)</u>	<u>(58,552)</u>
Net current assets (liabilities)		<u>39,522</u>	<u>25,216</u>
Total assets less current liabilities		<u>40,122</u>	<u>25,216</u>
Provisions for liabilities		(120)	-
Total net assets (liabilities)		<u>40,002</u>	<u>25,216</u>
Capital and reserves			
Called up share capital	3	200	200
Profit and loss account		39,802	25,016
Shareholders' funds		<u>40,002</u>	<u>25,216</u>

- For the year ending 31 March 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 30 September 2014

And signed on their behalf by:

A BUCHANAN, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2014**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Tangible assets depreciation policy**Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery 25% straight line

Other accounting policies**Deferred taxation**

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

Stocks

Stock is valued at the lower of cost and net realisable value.

2 Tangible fixed assets

	£
Cost	
At 1 April 2013	-
Additions	802
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2014	<u>802</u>
Depreciation	
At 1 April 2013	-
Charge for the year	202
On disposals	-
At 31 March 2014	<u>202</u>
Net book values	

At 31 March 2014	<u>600</u>
At 31 March 2013	<u>-</u>

3 **Called Up Share Capital**

Allotted, called up and fully paid:

	<i>2014</i>	<i>2013</i>
	<i>£</i>	<i>£</i>
200 Ordinary shares of £1 each	200	200

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