



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



XSLBWOMR

Received for filing in Electronic Format on the: **28/10/2010**

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*Company Name:* **Clare Metcalf Consultancy Services Limited**

*Company Number:* **06724398**

*Date of this return:* **15/10/2010**

*SIC codes:* **7414**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **LANCASTER HOUSE 87 YARMOUTH ROAD  
NORWICH  
NORFOLK  
UNITED KINGDOM  
NR7 0HF**

**Officers of the company**

*Company Director*    ***I***

*Type:*                                **Person**

*Full forename(s):*                **CLARE**

*Surname:*                                **METCALF**

*Former names:*

*Service Address:*                        **COUNTRY POCKET 41 CHAPEL ROAD  
HAINFORD  
NORWICH  
NORFOLK  
UNITED KINGDOM  
NR10 3NA**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **21/05/1967**                                *Nationality:*    **BRITISH**

*Occupation:*    **CONSULTANT**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY GBP1 SHARES</b>	<i>Number allotted</i>	<b>200</b>
		<i>Aggregate nominal value</i>	<b>200</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

ON A SHOW OF HANDS EVERY MEMBER WHO (BEING AN INDIVIDUAL) IS PRESENT IN PERSON OR BY PROXY OR (BEING A CORPORATION) IS PRESENT BY A DULY AUTHORISED REPRESENTATIVE OR BY PROXY, UNLESS THE PROXY (IN EITHER CASE) OR THE REPRESENTATIVE IS HIMSELF A MEMBER ENTITLED TO VOTE, SHALL HAVE ONE VOTE AND ON A POLL EVERY MEMBER SHALL HAVE ONE VOTE FOR EVERY SHARE OF WHICH HE IS THE HOLDER.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>200</b>
		<i>Total aggregate nominal value</i>	<b>200</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 15/10/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 200 ORDINARY GBP1 SHARES shares held as at 2010-10-15  
*Name:* CLARE METCALF

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.