

COMPANY REGISTRATION NUMBER 6719545

A & M HOLISTIC RETAIL SHOP LIMITED
FINANCIAL STATEMENTS
31 OCTOBER 2010

REVISED



N R SHARLAND & COMPANY

Accountants and tax advisors

Concorde House

Grenville Place

Mill Hill

London

NW7 3SA

A & M HOLISTIC RETAIL SHOP LIMITED

FINANCIAL STATEMENTS

YEAR ENDED 31 OCTOBER 2010

CONTENTS	PAGE
The director's report	1
Profit and loss account	2
Balance sheet	3
Notes to the financial statements	4
The following pages do not form part of the financial statements	
Detailed profit and loss account	8
Notes to the detailed profit and loss account	9

THE REVISED ACCOUNTS REPLACE THE ORIGINAL ACCOUNTS

THEY ARE NOW THE STATUTORY ACCOUNTS

THEY HAVE BEEN PREPARED AS AT THE DATE OF THE ORIGINAL ACCOUNTS AND NOT AS AT THE DATE OF THE REVISION AND ACCORDINGLY DO NOT DEAL WITH EVENTS BETWEEN THOSE DATES.

A & M HOLISTIC RETAIL SHOP LIMITED

THE DIRECTOR'S REPORT

YEAR ENDED 31 OCTOBER 2010

The director presents his report and the unaudited financial statements of the company for the year ended 31 October 2010

PRINCIPAL ACTIVITIES

The principal activity of the company during the year was that of receiving agents commission on the sale of household and beauty products

DIRECTOR

The director who served the company during the year was as follows

Mr M J Faessler

DONATIONS

During the year the company made the following contributions

	2010	2009
	£	£
Charitable	<u>848</u>	<u>1,272</u>

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

Registered office
Concorde House
Grenville Place
Mill Hill
London
NW73SA

Signed by order of the director



MR M J FAESSLER
Company Secretary

Approved by the director on 10.06.13

A & M HOLISTIC RETAIL SHOP LIMITED

PROFIT AND LOSS ACCOUNT

YEAR ENDED 31 OCTOBER 2010

	Note	2010 £	2009 £
TURNOVER		68,085	54,138
Cost of sales		<u>13,010</u>	<u>–</u>
GROSS PROFIT		55,075	54,138
Distribution costs		<u>5,734</u>	<u>–</u>
Administrative expenses		<u>50,714</u>	<u>56,929</u>
OPERATING LOSS	2	(1,373)	(2,791)
Interest receivable		<u>–</u>	<u>1</u>
Interest payable and similar charges		<u>(1,201)</u>	<u>(323)</u>
LOSS ON ORDINARY ACTIVITIES BEFORE TAXATION		(2,574)	(3,113)
Tax on loss on ordinary activities		<u>–</u>	<u>–</u>
LOSS FOR THE FINANCIAL YEAR		(2,574)	(3,113)
Balance brought forward		<u>(3,113)</u>	<u>–</u>
Balance carried forward		<u>(5,687)</u>	<u>(3,113)</u>

All of the activities of the company are classed as continuing

The company has no recognised gains or losses other than the results for the
year as set out above

The notes on pages 4 to 6 form part of these financial statements

A & M HOLISTIC RETAIL SHOP LIMITED

BALANCE SHEET

31 OCTOBER 2010

	Note	2010 £	2009 £
FIXED ASSETS			
Tangible assets	3	<u>2,575</u>	<u>3,433</u>
CURRENT ASSETS			
Stocks		25,435	25,495
Debtors	4	8,000	5,927
Cash at bank		—	3,656
		<u>33,435</u>	<u>35,078</u>
CREDITORS: Amounts falling due within one year	5	<u>41,695</u>	<u>41,622</u>
NET CURRENT LIABILITIES		<u>(8,260)</u>	<u>(6,544)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(5,685)</u>	<u>(3,111)</u>
CAPITAL AND RESERVES			
Called-up equity share capital	7	2	2
Profit and loss account		<u>(5,687)</u>	<u>(3,113)</u>
DEFICIT	8	<u>(5,685)</u>	<u>(3,111)</u>

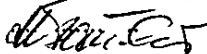
The director is satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476(1) of the Act

The director acknowledges his responsibility for

- (i) ensuring that the company keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company

These financial statements have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

These financial statements were approved and signed by the director and authorised for issue on


MR M J FAESSLER
Director

10. 06. 2013

The notes on pages 4 to 6 form part of these financial statements

A & M HOLISTIC RETAIL SHOP LIMITED

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 OCTOBER 2010

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with applicable UK accounting standards

Cash flow statement

The director has taken advantage of the exemption in Financial Reporting Standard No 1 (Revised 1996) from including a cash flow statement in the financial statements on the grounds that the company is small

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year

Fixed assets

All fixed assets are initially recorded at cost

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows

Motor Vehicles	- 25% reducing balance
Equipment	- Up to 100% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease

2. OPERATING LOSS

Operating loss is stated after charging

	2010	2009
	£	£
Director's emoluments	6,000	6,000
Depreciation of owned fixed assets	1,571	2,084
Operating lease costs		
Other	<u>6,000</u>	<u>8,250</u>

A & M HOLISTIC RETAIL SHOP LIMITED

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 OCTOBER 2010

3. TANGIBLE FIXED ASSETS

	Motor Vehicles £	Equipment £	Total £
COST			
At 1 November 2009	4,578	939	5,517
Additions	—	713	713
At 31 October 2010	<u>4,578</u>	<u>1,652</u>	<u>6,230</u>
DEPRECIATION			
At 1 November 2009	1,145	939	2,084
Charge for the year	858	713	1,571
At 31 October 2010	<u>2,003</u>	<u>1,652</u>	<u>3,655</u>
NET BOOK VALUE			
At 31 October 2010	<u>2,575</u>	—	<u>2,575</u>
At 31 October 2009	<u>3,433</u>	—	<u>3,433</u>

4. DEBTORS

	2010 £	2009 £
Other debtors	<u>8,000</u>	<u>5,927</u>

5. CREDITORS: Amounts falling due within one year

	2010 £	2009 £
Bank loans and overdrafts	812	—
Trade creditors	1,070	—
Other creditors	39,813	41,622
	<u>41,695</u>	<u>41,622</u>

6. RELATED PARTY TRANSACTIONS

The company was under the control of Mr M J Faessler throughout the current and previous year. Mr Faessler is the managing director and majority shareholder.

No transactions with related parties were undertaken such as are required to be disclosed under Financial Reporting Standard 8.

A & M HOLISTIC RETAIL SHOP LIMITED

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 OCTOBER 2010

7. SHARE CAPITAL

Authorised share capital:

	2010	2009
	£	£
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>

Allotted, called up and fully paid:

	2010		2009	
	No	£	No	£
Ordinary shares of £1 each	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>

8. RECONCILIATION OF MOVEMENTS IN SHAREHOLDERS' FUNDS

	2010	2009
	£	£
Loss for the financial year	(2,574)	(3,113)
New ordinary share capital subscribed	<u>–</u>	<u>2</u>
Net reduction to shareholders' deficit	(2,574)	(3,111)
Opening shareholders' deficit	<u>(3,111)</u>	<u>–</u>
Closing shareholders' deficit	<u>(5,685)</u>	<u>(3,111)</u>