



Companies House
— for the record —

AR01 (ef)

Annual Return



XW5RFOXP

Received for filing in Electronic Format on the: **08/11/2010**

Company Name: **Here and now therapy Limited**

Company Number: **06718716**

Date of this return: **08/10/2010**

SIC codes: **7487**

Company Type: **Private company limited by shares**

Situation of Registered Office: **843 FINCHLEY ROAD
LONDON
UNITED KINGDOM
NW11 8NA**

Officers of the company

Company Director ***I***

Type: **Person**

Full forename(s): **NICOLE**

Surname: **GEHL**

Former names:

Service Address: **4 WALSHINGHAM
JT JOHNS WOOD PARK
LONDON
UNITED KINGDOM
NW8 6RG**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **07/04/1979** *Nationality:* **AMERICAN**

Occupation: **PHYSIOTHERAPIST**

Statement of Capital (Share Capital)

| | | | |
|-------------------------------|-----------------------------|--------------------------------|----------|
| Class of shares | ORDINARY GBP1 SHARES | <i>Number allotted</i> | 1 |
| | | <i>Aggregate nominal value</i> | 1 |
| <i>Currency</i> | GBP | <i>Amount paid per share</i> | 1 |
| | | <i>Amount unpaid per share</i> | 0 |
| <i>Prescribed particulars</i> | | | |
| VOTING | | | |

Statement of Capital (Totals)

| | | | |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | GBP | <i>Total number of shares</i> | 1 |
| | | <i>Total aggregate nominal value</i> | 1 |

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/10/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : **1 ORDINARY GBP1 SHARES shares held as at 2010-10-08**
Name: **NICOLE GEHL**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.