



Companies House

— for the record —

Please complete in typescript,
or in bold black capitals.

CHWP000

288b

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

6712581

Company Name in full

ABERGELE FITNESS LIMITED

Date of termination of appointment

Day Month Year
08 10 2008

as director



as secretary



Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes

NAME

*Style / Title

*Honours etc

Please insert
details as
previously
notified to
Companies House

Forename(s)

L & A REGISTRARS LIMITED

Surname

†Date of Birth

Day Month Year
| | | | | |

A serving director, secretary etc must sign the form below

Signed

EBW021

Date

8/10/2008

* Voluntary details

† Directors only

** Delete as appropriate

(** serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but
if you do, it will help Companies
House to contact you if there is a
query on the form. The contact
information that you give will be
visible to members of the public

Tel

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh

THURSDAY



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AZDW540R

16/10/2008

COMPANIES HOUSE

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