

Registered Number 06704200

ABLE 2 PHYSIOTHERAPY AND PILATES LIMITED

Abbreviated Accounts

30 September 2010

ABLE 2 PHYSIOTHERAPY AND PILATES LIMITED

Registered Number 06704200

Balance Sheet as at 30 September 2010

	Notes	2010 £	2009 £
Fixed assets			
Tangible	2	417	332
Total fixed assets		417	332
Current assets			
Debtors		200	13,238
Cash at bank and in hand		2,761	3,272
Total current assets		<u>2,961</u>	<u>16,510</u>
Creditors: amounts falling due within one year		(1,147)	(3,525)
Net current assets		1,814	12,985
Total assets less current liabilities		<u>2,231</u>	<u>13,317</u>
Provisions for liabilities and charges		(83)	(70)
Total net Assets (liabilities)		2,148	13,247
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		<u>2,147</u>	<u>13,246</u>
Shareholders funds		<u>2,148</u>	<u>13,247</u>

- a. For the year ending 30 September 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 02 July 2011

And signed on their behalf by:

V Cork, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 30
September 2010

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery 33.33% Straight Line

2 **Tangible fixed assets**

Cost	£
At 30 September 2009	387
additions	276
disposals	
revaluations	
transfers	
At 30 September 2010	<u>663</u>
Depreciation	
At 30 September 2009	55
Charge for year	191
on disposals	
At 30 September 2010	<u>246</u>
Net Book Value	
At 30 September 2009	332
At 30 September 2010	<u>417</u>

3 **Share capital**

	2010	2009
	£	£
Authorised share capital:		
1000 Ordinary of £1.00 each	1,000	1,000

Allotted, called up and fully
paid:
1 Ordinary of £1.00 each

1

1