

# 363a



Please complete in typescript, or in bold black capitals

## Annual Return

CHFP000

Company number  
Company name in full

05690438  
AAH DISTRIBUTIONS LIMITED

### Date of this return

The information in this return is made up to

Day Month Year  
10 12 2010

### Date of next return

If you wish to make your next return to a date earlier than the anniversary of this return please show that date here Companies House will then send a form at the appropriate time

Day Month Year  
/ /

### Registered Office

Show here the address at the date of this return

57 ARGALL AVENUE CROMWELL  
INDUSTRIAL ESTATES LEYTON

Any change of registered office must be notified on form 287

Post town  
County/Region  
UK Postcode

E10L 7QE

### Principal business activities

Show trade classification code number(s) for the principal activity or activities

5138  
5156

If the code number cannot be determined, give a brief description of principal activity

WEDNESDAY



A34

\*AO7FNK19\*

02/06/2010

211

COMPANIES HOUSE

When you have completed and signed the form please send it to the

Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ

for companies registered in England or Wales or

Companies House, 139 Fountainbridge, Edinburgh, EH3 9FF

For companies registered in Scotland

DX 33050 Cardiff

DX ED235 Edinburgh 1

or LP-4 Edinburgh 2

**Register of members**

If the register of members is not kept at the registered office, state here where it is kept

N/A

Post town

County/Region

UK Postcode

L L L L L L L L

**Register of Debenture holders**

If there is a register of debenture holders, or a duplicate of any such register or part of it which is not kept at the registered office state here where it is kept

N/A

Post town

County/Region

UK Postcode

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**Company type**

Public limited company

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Private company limited by shares

☒

Private company limited by guarantee without share capital

☐

Private company limited by shares exempt under section 30

☐

Private company limited by guarantee exempt under section 30

☐

Private unlimited company with share capital

☐

Private unlimited company without share capital

☐

Please tick the appropriate box

**Company Secretary**

Details of a new company secretary must be notified on form 288a

\* Voluntary details  
(Please photocopy  
this area to provide  
details of joint  
secretaries)

Name

\*Style/Title

MR

Forename(s)

MANSOOR

Surname

ALI

Address ††

8 ROYSTON GARDENS

Post town

ILFORD

County/Region

ESSEX

UK Postcode

I G 1 L 3 S X L

Country

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address

☐

If a partnership, give the names and addresses of the partners or the name of the partnership and office address

Please list the directors in alphabetical order

In the case of a director that is a corporation or a Scottish firm the name is the corporate or firm name

**Details of new directors must be notified on form 288a**

N/A

Day / Month Year

**Date of birth** |   | / |   | / |   |   |   |   |   |

Forename(s)

**Surname**

**Address ††**

↑↑ Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985 Otherwise, give your usual residential address In the case of a corporation or Scottish firm, give the registered or principal office address

### Post town

County/Region

UK Postcode

Country

### Nationality

### Business occupation

Please list the directors in alphabetical order

In the case of a director that is a corporation or a Scottish firm the name is the corporate or firm name

**Name      \*Style/Title**

Day	N	V
-----	---	---

Day                      Month                      Year

Date of birth | | / | | / | | |

Forename(s)

**Surname**

**Address ††**

↑↑ Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

## Post town

County/Region

UK Postcode

Country

### Nationality

### Business occupation

**Issue share capital**

Enter details of all the shares in issue at the date of this return

**Class** (e.g. Ordinary/Preference)

**Number of shares issued**

**Aggregate Nominal Value**

(i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)

ORDINARY	1000	£10
<b>Totals</b>	1000	£10

**Traded public companies**

A traded public company means a company any of whose shares are shares admitted to trading on a regulated market

Please tick this box if your company was a traded public company at any time during the period of this return

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**List of past and present shareholders**

(use attached schedule where appropriate)

Please tick the appropriate box below

On paper

In another format

Private or non-traded public companies are required to provide a "full list" if one was not included with either of the last two returns

A full list of shareholders for a private or non-traded public company is enclosed **Please complete Schedule A.**

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Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns

A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed **Please complete Schedule B**

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A list containing shareholder changes is enclosed

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→ For private or non-traded public companies, **please complete Schedule A**

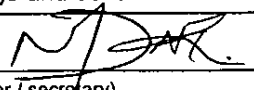
→ For traded public companies, **please complete Schedule B**

There were no shareholder changes in this period

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**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief

Signed



Date

21-05-10

\* Please delete as appropriate

When you have signed the return, send it with the fee to the Registrar of Companies. Make cheques payable to Companies House

\*(director / secretary)

This return includes

☐

continuation sheets

(enter number)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

DX number \_\_\_\_\_ DX exchange \_\_\_\_\_

**Directors**

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

\* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name \*Style/Title MR

Day Month Year

Date of birth 01/01/1967Forename(s) MOHAMMAD IBRAHIMSurname DARAddress ☐ 88 PRIEST CROFTLONDON

Post town

County/Region

UK Postcode E11 7L 5NH

Country

Nationality BRITISHBusiness occupation DIRECTOR

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address

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Name \*Style/Title

Day Month Year

Date of birth

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Surname

Address ☐

Post town

County/Region

UK Postcode

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**Schedule A**

**for private or non-traded public companies**

**List of past and present shareholders**

(Please use a continuation sheet if required)

Company number 06690438

Company name in full AAH DISTRIBUTIONS LTD

- Changes to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all company shareholders on
  - The company's first annual return following incorporation
  - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

**Do not give shareholder address information**

[illegible]