

Registered number

06684161

A Head for Work Limited

Abbreviated Accounts

31 March 2014

**A Head for Work Limited****Registered number:** 06684161**Abbreviated Balance Sheet****as at 31 March 2014**

	Notes	2014 £	2013 £
<b>Fixed assets</b>			
Tangible assets	2	749	799
<b>Current assets</b>			
Debtors		8,200	4,230
Cash at bank and in hand		322	1,275
		<u>8,522</u>	<u>5,505</u>
<b>Creditors: amounts falling due within one year</b>		<u>(9,146)</u>	<u>(6,200)</u>
<b>Net current liabilities</b>		(624)	(695)
<b>Net assets</b>		<u>125</u>	<u>104</u>
<b>Capital and reserves</b>			
Called up share capital	3	1	1
Profit and loss account		124	103
<b>Shareholder's funds</b>		<u>125</u>	<u>104</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

JFM Adams

Director

Approved by the board on 28 December 2014

## 1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	25% Reducing Balance
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## Cost

## Depreciation

### Net book value

3	Share capital	Nominal value	2014 Number	2014 £	2013 £
	Allotted, called up and fully paid:				
	Ordinary shares	£1 each	1	1	1

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