

Rule 4 223-CVL

The Insolvency Act 1986
Liquidator's Statement of
Receipts and Payments

Pursuant to Section 192 of the
Insolvency Act 1986

To the Registrar of Companies

S.192

For Official Use

Company Number

6674101

Name of Company

(a) Insert full name
of company

(a) 7 Day Foods Limited

(b) Insert full name(s)
and address(es)

~~I/we~~ (b) Ian Williamson
Campbell Crossley & Davis
348/350 Lytham Road
Blackpool
Lancashire
FY4 1DW

the liquidator(s) of the company attach a copy of my/our statement of receipts
and payments under section 192 of the Insolvency Act 1986

Signed



Date 27 10 10

Presenter's name,
address and reference
(if any)

Ian Williamson
Campbell Crossley & Davis
348/350 Lytham Road
Blackpool
FY4 1DW

S0496

Liquidator

THURSDAY



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28/10/2010

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COMPANIES HOUSE

Statement of Receipts and Payments under section 192 of the Insolvency Act 1986

Name of company	7 Day Foods Limited
Company's registered number	6674101
State whether members' or creditors' voluntary winding up	Creditors
Date of commencement of winding up	21/10/2009
Date to which this statement is brought down	20/10/2010
Name and address of liquidator	Ian Williamson Campbell Crossley & Davis, 348/350 Lytham Road, Blackpool, Lancashire, FY4 1DW

NOTES

You should read these notes carefully before completing the forms. The notes do not form part of the return sent to the registrar of companies.

Form and Content of Statement

(1) Every statement must contain a detailed account of all the liquidator's realisations and disbursements in respect of the company. The statement of realisations should contain a record of all receipts derived from assets existing at the date of the winding-up resolution and subsequently realised, including balance at bank, book debts and calls collected, property sold, etc, and the amount of disbursements should contain all payments for costs, charges and expenses, or to creditors or contributories. Where property has been realised, the gross proceeds of the sale must be entered under realisations and the necessary payments incidental to sales must be entered as disbursements. A payment into the Insolvency Services Account is not a disbursement and should not be shown as such, nor are payments into a bank, building society or any other financial institution. However, the interest received on any investment should be shown in the realisations. Each receipt and payment must be entered in the account in such a manner as sufficiently to explain its nature. The receipts and payments must severally be added up at the foot of each sheet and the totals carried forward from one account to another without any intermediate balance, so that the gross totals represent the total amounts received and paid by the liquidator respectively.

Trading Account

(2) When the liquidator carries on a business, a trading account must be forwarded as a distinct account, and the totals of receipts and payments on the trading account must alone be set out in this statement.

Dividends

(3) When dividends, instalments of compositions, etc are paid to creditors or a return of surplus assets is made to contributories, the total amount of each dividend, etc actually paid, must be entered in the statement of disbursements as one sum, and the liquidator must forward separate accounts showing in lists the amount of the claim of each creditor and amount of dividend, etc payable to each creditor, or contributory.

(4) When unclaimed dividends, etc are paid into the Insolvency Services Account, the total amount so paid in should be entered in the statement of disbursements as one sum. The items to be paid in relation to unclaimed dividends should first be included in the realisations side of the account.

(5) Credit should not be taken in the statement of disbursements for any amount in respect of liquidator's remuneration unless it has been duly allowed by resolutions of the liquidation committee or of the company in general meeting, or by order of the court as the case may require, or is otherwise allowable under the provisions of the Insolvency Rules.

(6) This statement of receipts and payments is required in duplicate.

Liquidator's statement of account
under section 192 of the Insolvency Act 1986

Realisations

Date	Received from	Nature of asset realised	Amount
	Brought forward		0 00
23/10/2009	Lathams of Broughton Limited	Book debts	618 13
26/10/2009	Nat West Bank Plc Clients Acco	Cash at Bank	2,433 81
06/11/2009	The Rainbow Centre	Book debts	145 09
12/11/2009	Safehands Greenstart Nursery	Book debts	720 48
12/11/2009	Safehands Greenstart Nursery	Book debts	587 66
16/11/2009	Netstar 9 Childcare Limited	Book debts	1,046 43
17/11/2009	Ribby Hall Village Via Clients	Book debts	724 60
26/11/2009	Age Concern Blackpool & Distri	Book debts	1,581 14
07/12/2009	Yell Limited	Sundry Debtor	91 29
08/12/2009	Safehands Greenstart Nurseries	Book debts	835 13
21/12/2009	Sanderson Weatherall LLP	Freezer, fittings and equipment	5,000 00
21/12/2009	Sanderson Weatherall LLP	VAT on - Freezer, fittings and equipment	750 00
21/12/2009	Sanderson Weatherall LLP	Motor Vehicles	5,100 00
21/12/2009	Sanderson Weatherall LLP	VAT on - Motor Vehicles	765 00
13/01/2010	Nat West Bank Plc	Bank Interest and Charges	2 00
31/03/2010	Nat West Bank Plc	Bank Interest and Charges	1 78
30/06/2010	Nat West Bank Plc	Bank Interest and Charges	2 18

Carried forward

20,404 72

Liquidator's statement of account
under section 192 of the Insolvency Act 1986

Payments

Date	Paid to	Nature of payment	Amount
	Brought forward		0 00
02/11/2009	Courts Advertising Limited	Statutory Advertising	75 60
02/11/2009	Courts Advertising Limited	VAT on - Statutory Advertising	11 34
02/11/2009	Courts Advertising Limited	Statutory Advertising	151 20
02/11/2009	Courts Advertising Limited	VAT on - Statutory Advertising	22 68
02/11/2009	Campbell Crossley & Davis	Statement of Affairs Fee	2,000 00
02/11/2009	Campbell Crossley & Davis	VAT on - Statement of Affairs Fee	300 00
12/11/2009	Royal Mail Group	Mail Redirection Fee	24 90
17/11/2009	Rawcliffe & Co Chartered Accou	Statement of Affairs Fee	500 00
17/11/2009	Rawcliffe & Co Chartered Accou	VAT on - Statement of Affairs Fee	75 00
17/11/2009	Pelstar Computing Limited	Liquidator's Disbursements	125 00
17/11/2009	Pelstar Computing Limited	VAT on - Liquidator's Disbursements	18 75
03/12/2009	Campbell Crossley & Davis	Statement of Affairs Fee	1,000 00
03/12/2009	Campbell Crossley & Davis	VAT on - Statement of Affairs Fee	150 00
21/12/2009	Sanderson Weatherall LLP	Agent's Fees and Expenses	3,933 80
21/12/2009	Sanderson Weatherall LLP	VAT on - Agent's Fees and Expenses	590 07
19/02/2010	Willis Limited	Bordereau Fee	96 00
01/03/2010	HM Revenue & Customs	VAT Paid/Received	347 16
23/03/2010	Jardine Lloyd Thompson	Insurance	383 78

S0496 Carried forward 9,805 28
last trans no 29

Analysis of balance

		£
Total realisations		20,404 72
Total disbursements		9,805 28
	Balance £	10,599 44
The balance is made up as follows-		
1	Cash in hands of liquidator	0 00
2	Balance at bank	10,599 44
3	Amount in Insolvency Services Account	0 00
4	*Amounts invested by liquidator	0 00
	Less the cost of investments realised	0 00
	Balance	0 00
	Total balance as shown above	£ 10,599 44

[NOTE-- Full details of stocks purchased for investment and any realisation of them should be given in a separate statement]

* The investment or deposit of money by the liquidator does not withdraw it from the operation of the Insolvency Regulations 1986, and any such investments representing money held for six months or upwards must be realised and paid into the Insolvency Services Account, except in the case of investments in Government securities, the transfer of which to the control of the Secretary of State will be accepted as a sufficient compliance with the terms of the Regulations

The liquidator should also state-

(The amount of the estimated assets and liabilities at the date of the commencement of the winding up-

Assets (after deducting amounts charged to secured creditors - including the holders of floating charges)	7264
Liabilities - Fixed charge holders	0 00
Floating charge holders	85,000 00
Unsecured creditors	85,447 00

(2) The total amount of the capital paid up at the date of the commencement of the winding up-

Paid up in cash	100 00
Issued as paid up otherwise than for cash	0

(3) The general description and estimated value of any outstanding assets (if there is insufficient space here, attach a separate sheet)

None 0

(4) Why the winding up cannot yet be concluded - Payment to Floating Charge Holder

(5) The period within which the winding up is expected to be completed - Not yet known