

Rule 4 223-CVL

**The Insolvency Act 1986  
Liquidator's Progress  
Report**

**S.192**

**Pursuant to Section 192 of the  
Insolvency Act 1986**

To the Registrar of Companies

For Official Use

Company Number

6674101

Name of Company

(a) Insert full name  
of company

(a) 7 Day Foods Limited

(b) Insert full name(s)  
and address(es)

~~I/we~~ (b) Ian Williamson  
Campbell Crossley & Davis  
348/350 Lytham Road  
Blackpool  
Lancashire  
FY4 1DW

the liquidator(s) of the company attach a copy of my/our receipts  
and payments account under section 192 of the Insolvency Act 1986

Signed



Date

20 10 11

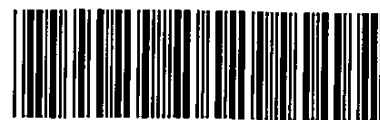
Presenter's name,  
address and reference  
(if any)

Ian Williamson  
Campbell Crossley & Davis  
348/350 Lytham Road  
Blackpool  
FY4 1DW

S0496

For Official Use

SATURDAY



A49 22/10/2011 182  
COMPANIES HOUSE

**Statement of Receipts and Payments under section 192 of the Insolvency Act 1986**

Name of company	<b>7 Day Foods Limited</b>
Company's registered number	<b>6674101</b>
State whether members' or creditors' voluntary winding up	<b>Creditors</b>
Date of commencement of winding up	<b>21/10/2009</b>
Date to which this statement is brought down	<b>20/10/2011</b>
Name and address of liquidator	<b>Ian Williamson Campbell Crossley &amp; Davis, 348/350 Lytham Road, Blackpool, Lancashire, FY4 1DW.</b>

**NOTES**

You should read these notes carefully before completing the forms. The notes do not form part of the return sent to the registrar of companies.

**Form and Content of Statement**

(1) Every statement must contain a detailed account of all the liquidator's realisations and disbursements in respect of the company. The statement of realisations should contain a record of all receipts derived from assets existing at the date of the winding-up resolution and subsequently realised, including balance at bank, book debts and calls collected, property sold, etc., and the amount of disbursements should contain all payments for costs, charges and expenses, or to creditors or contributories. Where property has been realised, the gross proceeds of the sale must be entered under realisations and the necessary payments incidental to sales must be entered as disbursements. A payment into the Insolvency Services Account is not a disbursement and should not be shown as such, nor are payments into a bank, building society or any other financial institution. However, the interest received on any investment should be shown in the realisations. Each receipt and payment must be entered in the account in such a manner as sufficiently to explain its nature. The receipts and payments must severally be added up at the foot of each sheet and the totals carried forward from one account to another without any intermediate balance, so that the gross totals represent the total amounts received and paid by the liquidator respectively.

**Trading Account**

(2) When the liquidator carries on a business, a trading account must be forwarded as a distinct account, and the totals of receipts and payments on the trading account must alone be set out in this statement.

**Dividends**

(3) When dividends, instalments of compositions, etc are paid to creditors or a return of surplus assets is made to contributories, the total amount of each dividend, etc actually paid, must be entered in the statement of disbursements as one sum, and the liquidator must forward separate accounts showing in lists the amount of the claim of each creditor and amount of dividend, etc payable to each creditor, or contributory.

(4) When unclaimed dividends, etc are paid into the Insolvency Services Account, the total amount so paid in should be entered in the statement of disbursements as one sum. The items to be paid in relation to unclaimed dividends should first be included in the realisations side of the account.

(5) Credit should not be taken in the statement of disbursements for any amount in respect of liquidator's remuneration unless it has been duly allowed by resolutions of the liquidation committee or of the company in general meeting, or by order of the court as the case may require, or is otherwise allowable under the provisions of the Insolvency Rules.

(6) This statement of receipts and payments is required in duplicate.

Liquidator's statement of account  
under section 192 of the Insolvency Act 1986

Realisations

Date	Received from	Nature of asset realised	Amount
	Brought forward		20,409 09
31/03/2011	Nat West Bank Plc	Bank Interest and Charges	2 11
30/06/2011	Nat West Bank Plc	Bank Interest and Charges	2 11
04/09/2011	Nat West Bank Plc	Bank Interest and Charges	1 53
06/10/2011	HM Revenue & Customs	VAT Paid/Received	1,036 10
Carried forward			21,450 94

Liquidator's statement of account  
under section 192 of the Insolvency Act 1986

Payments

Date	Paid to	Nature of payment	Amount
	Brought forward		9,805 28
09/08/2011	Nat West Bank Plc	Floating Charge Payment	5,000 00
09/08/2011	Campbell Crossley & Davis	Liquidator's Remuneration	4,588 27
09/08/2011	Campbell Crossley & Davis	VAT on - Liquidator's Remuneration	917 65
14/10/2011	Campbell Crossley & Davis	Liquidator's Remuneration	592 23
14/10/2011	Campbell Crossley & Davis	VAT on - Liquidator's Remuneration	118 45
Carried forward			21,021 88

**Analysis of balance**

Total realisations		£	21,450 94
Total disbursements			21,021 88
	Balance £		429 06
The balance is made up as follows-			
1 Cash in hands of liquidator			0 00
2 Balance at bank			429 06
3 Amount in Insolvency Services Account			0 00
4 *Amounts invested by liquidator	0 00		
Less the cost of investments realised	0 00		
Balance			0 00
Total balance as shown above	£		429 06

[NOTE-- Full details of stocks purchased for investment and any realisation of them should be given in a separate statement]

\* The investment or deposit of money by the liquidator does not withdraw it from the operation of the Insolvency Regulations 1986, and any such investments representing money held for six months or upwards must be realised and paid into the Insolvency Services Account, except in the case of investments in Government securities, the transfer of which to the control of the Secretary of State will be accepted as a sufficient compliance with the terms of the Regulations

The liquidator should also state-

(The amount of the estimated assets and liabilities at the date of the commencement of the winding up-

Assets (after deducting amounts charged to secured creditors - including the holders of floating charges)	7264
Liabilities - Fixed charge holders	0 00
Floating charge holders	85,000 00
Unsecured creditors	85,447 00

(2) The total amount of the capital paid up at the date of the commencement of the winding up-

Paid up in cash	100 00
Issued as paid up otherwise than for cash	0

(3) The general description and estimated value of any outstanding assets (if there is insufficient space here, attach a separate sheet)

None 0

(4) Why the winding up cannot yet be concluded - None

(5) The period within which the winding up is expected to be completed - Not yet known