

REGISTERED NUMBER 6672338 (England and Wales)

Abbreviated Accounts  
for the Period 1 September 2009 to 31 March 2010  
for  
Active With Care CIC



Active With Care CIC (Registered number 6672338)

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for the Period 1 September 2009 to 31 March 2010

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Active With Care CIC

Company Information  
for the Period 1 September 2009 to 31 March 2010

**DIRECTORS:**

A J Duke  
Mrs Z F Duke

**SECRETARY**

Mrs Z F Duke

**REGISTERED OFFICE:**

37 Preston Road  
Copnor  
Portsmouth  
PO2 7JT

**REGISTERED NUMBER:**

6672338 (England and Wales)

**ACCOUNTANTS:**

Curtis-Williams  
Unit 10  
Challenge Enterprise Centre  
Sharps Close  
Portsmouth  
Hampshire  
PO3 5RJ

Active With Care CIC (Registered number 6672338)

Abbreviated Balance Sheet  
31 March 2010

	2010 £	2009 £
<b>CURRENT ASSETS</b>		
Debtors	-	50
Cash at bank and in hand	257	537
	<u>257</u>	<u>587</u>
<b>CREDITORS</b>		
Amounts falling due within one year	353	176
	<u>353</u>	<u>176</u>
<b>NET CURRENT (LIABILITIES)/ASSETS</b>	<u>(96)</u>	<u>411</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<u>(96)</u>	<u>411</u>
<b>RESERVES</b>		
Profit and loss account	(96)	411
	<u>(96)</u>	<u>411</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 March 2010

The members have not required the company to obtain an audit of its financial statements for the period ended 31 March 2010 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on 14 December 2010 and were signed on its behalf by



Mrs Z F Duke - Director

The notes form part of these abbreviated accounts

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Active With Care CIC (Registered number 6672338)

Notes to the Abbreviated Accounts  
for the Period 1 September 2009 to 31 March 2010

**1 ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

**Turnover**

Turnover comprises net invoiced sales of services, excluding value added tax

000043115.

**CIC 34****Community Interest Company Report**

**For official use**  
(Please leave blank)

*Please  
complete in  
typescript, or  
in bold black  
capitals*

**Company Name in  
full**

Active With Care **C.I.C**

**Company Number**

6672338

**Year Ending**

31 March 2010

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

The Company's activities have benefitted less able persons and their families and carers. These groups include a wide range of illnesses including those affected by strokes, stress, Parkinson disease and other dementias.

*(If applicable, please just state "A social audit report covering these points is attached")*

*(Please continue on separate continuation sheet if necessary)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

During the period, there was no consultation with stakeholders

*(If applicable, please just state "A social audit report covering these points is attached")*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes) If no remuneration was received you must state that "no remuneration was received" below

No Remuneration was received in the Period

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

No transfer of assets other than for full consideration has been made

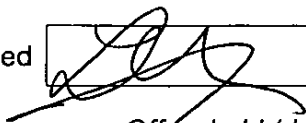
*(Please continue on separate continuation sheet if necessary)*

**(N.B. Please enclose a cheque for £15 payable to Companies House)**

## PART 5 – SIGNATORY

**The original report must be signed by a director or secretary of the company**

Signed



Date

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Curtis-Williams

10 The Challenge Enterprise Centre

Sharps Close

Portsmouth

Tel 02392 652800

DX Number

DX Exchange

**When you have completed and signed the form, please send it to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG