## A & L (LOUGHTON ) LIMITED

**Abbreviated Accounts** 

31 August 2009

Central Accounting Services 170 Church Road, leyton, London E10 7BH Phon No 020 8539 7599 e-mail tahir\_cas@hotmail co uk





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A & L (LOUGHTON) LIMITED Registered number: 06665903 Abbreviated Balance Sheet as at 31 August 2009

	Notes		2009 £
Fixed assets Intangible assets Tangible assets Investments	2 3 4	-	40,000 13,575 - 53,575
Current assets Stocks Debtors	5	2,000	
Investments held as current asse Cash at bank and in hand	ets	2,000	
Creditors. amounts falling due within one year	1	(850)	
Net current assets			1,150
Total assets less current liabilities			54,725
Creditors: amounts falling due after more than one year	•		(73,173)
Provisions for liabilities			-
Net liabilities			(18,448)
Capital and reserves Called up share capital Share premium Revaluation reserve Capital redemption reserve Profit and loss account	7		1 (18.440)
Shareholders' funds			(18,449)

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

A & L (LOUGHTON) LIMITED Registered number: 06665903 Abbreviated Balance Sheet as at 31 August 2009

Mr S K M Bokhari Director Approved by the board on 15 July 2010

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# A & L (LOUGHTON) LIMITED Notes to the Abbreviated Accounts for the year ended 31 August 2009

#### 1 Accounting policies

#### Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

#### Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

#### Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery Motor vehicles

20% straight line 25% straight line

#### Stocks

Stock is valued at the lower of cost and net realisable value

#### Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse

#### Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account

#### Leasing and hire purchase commitments

Assets held under finance leases and hire purchase contracts, which are those where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet and depreciated over their useful lives. The corresponding lease or hire purchase obligation is treated in the balance sheet as a liability

The interest element of the rental obligations is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding

Rentals paid under operating leases are charged to income on a straight line basis over the lease term

#### Pensions

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

## A & L (LOUGHTON ) LIMITED Notes to the Abbreviated Accounts for the year ended 31 August 2009

2	Intangible fixed assets	£
	Cost At 1 September 2008 Additions Disposals	40,000 - -
	At 31 August 2009	40,000
	Amortisation At 1 September 2008 Provided during the year On disposals At 31 August 2009	- - - -
	Net book value At 31 August 2009	40,000
	At 31 August 2008	40,000
3	Tangible fixed assets	£
	Cost At 1 September 2008 Additions Surplus on revaluation Disposals	18,100 - - -
	At 31 August 2009	18,100
	Depreciation At 1 September 2008 Charge for the year Surplus on revaluation On disposals	- 4,525 - -
	At 31 August 2009	4,525
	Net book value At 31 August 2009	13,575
	At 31 August 2008	18,100
4	Investments	£
	Cost At 1 September 2008 Additions Disposals	• -

## A & L (LOUGHTON ) LIMITED Notes to the Abbreviated Accounts for the year ended 31 August 2009

At 31 August 2009			
The company holds 20% or more	of the share capital of the follow	wing companies	
	England and Wales	Shares held Class Ordinary Ordinary Ordinary Ordinary	% - - -
Debtors		2009	
Debtors include		£	
Amounts due after more than one	year		
Loans		2009	
Creditors include		Σ.	
Amounts falling due for payment after more than five years			
Secured bank loans		-	
Share capital	2009 No	2009 £	
Allotted, called up and fully paid Ordinary shares of £1 each	100	1	
r snares of £1 each	-		
7% preference shares of £1 each	-	<u> </u>	
		1	
	The company holds 20% or more  Company  Debtors  Debtors include  Amounts due after more than one  Loans  Creditors include  Amounts falling due for payment a  Secured bank loans  Share capital  Allotted, called up and fully paid Ordinary shares of £1 each ? shares of £1 each	The company holds 20% or more of the share capital of the follow Company  Country of registration or incorporation  England and Wales  Centry  England and Wales  England and Wales  Centry  England and Wales  England and Wa	The company holds 20% or more of the share capital of the following companies  Company  Country of registration or incorporation Or incorporation O England and Wales Ordinary  Debtors  2009 £  Company  Country of registration Class Ordinary Ordinary Ordinary Ordinary Ordinary Ordinary Ordinary  England and Wales Ordinary Ordinary Ordinary Ordinary Ordinary  Country Ordinary O

### 8 Transactions with directors