

Registered number
06633377 (England and Wales)

ABLE AND HOW LIMITED

Abbreviated Accounts

31 December 2009

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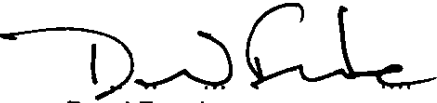
ABLE AND HOW LIMITED
Abbreviated Balance Sheet
as at 31 December 2009
Company Registration No. 06633377

	Notes	2009 £	2008 £
Unpaid share capital			
Unpaid share capital		17,000	17,000
Fixed assets			
Tangible assets	2	13,462	17,132
Current assets			
Debtors		97,523	37,433
Cash at bank and in hand		51,782	188,982
		<u>149,305</u>	<u>226,415</u>
Creditors: amounts falling due within one year		(66,708)	(68,015)
Net current assets		<u>82,597</u>	<u>158,400</u>
Net assets		<u>113,059</u>	<u>192,532</u>
Capital and reserves			
Called up share capital	3	117,000	117,000
Share premium		50,000	50,000
Profit and loss account		(53,941)	25,532
Shareholders' funds		<u>113,059</u>	<u>192,532</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime


David Ferrabee

Director

Approved by the board on

04/06/2010

ABLE AND HOW LIMITED
Notes to the Abbreviated Accounts
for the year ended 31 December 2009

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Fixtures, fittings and equipment	15% reducing balance
Website Development Costs	33 33% reducing balance

Pensions

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme

2 Tangible fixed assets

£

Cost

At 1 January 2009 21,035

At 31 December 2009 21,035

Depreciation

At 1 January 2009 3,903

Charge for the year 3,670

At 31 December 2009 7,573

Net book value

At 31 December 2009 13,462

At 31 December 2008 17,132

3 Share capital

	2009	2008	2009	2008
	No	No	£	£
Allotted, called up and fully paid				
Ordinary shares of £0.01 each	1,700,000	1,700,000	17,000	17,000
Ordinary shares of £0.50 each	200,000	200,000	100,000	100,000
			<u>117,000</u>	<u>117,000</u>