Registered Number 06633377

Able and How Limited

Abbreviated Accounts

31 December 2012

Balance Sheet as at 31 December 2012

Fixed assets	Notes 2 3	2012 £	£	2011 £	£
Tangible	ŭ		13,692		11,715
rangible			13,092		11,715
		_		_	
			13,692		11,715
Current assets					
Debtors		149,548		362,860	
Cash at bank and in hand		518,187		197,651	
Total current assets		667,735		560,511	
Creditors: amounts falling due within one year		(207,451)		(240,990)	
Net current assets (liabilities)			460,284		319,521
Total assets less current liabilities		-	473,976	_	331,236
Provisions for liabilities			(2,738)		(5,272)
Total net assets (liabilities)		-	471,238	-	325,964
Capital and reserves					
Called up share capital	5		84,667		118,000
Share premium account	6		33,333		50,000

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Shareholders funds	471,238	325,964

353,238

157,964

- a. For the year ending 31 December 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 17 September 2013

And signed on their behalf by:

David Ferrabee, Director

Profit and loss account

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

For the year ending 31 December 2012

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax.

Operating lease agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

Pension costs

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. The annual contributions payable are charged to the profit and loss account.

Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more tax, with the following exceptions: Provision is made for tax on gains arising from the revaluation (and similar fair value adjustments) of fixed assets, and gains on disposal of fixed assets that have been rolled over into replacement assets, only to the extent that, at the balance sheet date, there is a binding agreement to dispose of the assets concerned. However, no provision is made where, on the basis of all available evidence at the balance sheet date, it is more likely than not that the taxable gain will be rolled over into replacement assets and charged to tax only where the replacement assets are sold. Deferred tax assets are recognised only to the extent that the directors consider that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted. Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date.

Fixed Assets

All fixed assets are initially recorded at cost.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the

contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities. Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability. Where the contractual terms of share capital do not have any terms meeting the definition of a financial liability then this is classed as an equity instrument. Dividends and distributions relating to equity instruments are debited direct to equity.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Fixtures & Fittings 0% 15% reducing balance

2 Exchange rate

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the operating profit.

3 Fixed Assets

	Tangible Assets	Total
Cost or valuation	£	£
At 01 January 2012	23,787	23,787
Additions	4,393	4,393
At 31 December 2012	28,180	28,180
Depreciation		
At 01 January 2012	12,072	12,072
Charge for year	2,416	2,416

At 31 December 2012	14,488	14,488
Net Book Value		
At 31 December 2012	13,692	13,692
At 31 December 2011	11,715	11,715

$_{\rm 4}\,$ Creditors: amounts falling due after more than one year

5 Share capital

	2012	2011
	£	£
Authorised share capital:		
1800000 Ordinary shares of £0.01 each	18,000	18,000
133333 Ordinary shares of £0.50 each	66,667	100,000
Allotted, called up and fully paid:		
1800000 Ordinary shares of £0.01 each	18,000	18,000
133333 Ordinary shares of £0.50 each	66,667	100,000

Ordinary shares issued in

the year:

66667 Ordinary of £-0.50 each were issued in the year with a nominal value of £-33333, for a consideration of £-33333

$_{\rm 6}\,$ Share premium account