In accordance with Rule 18.7 of the insolvency (England & Wales) Rules 2016 and Sections 92A, 104A and 192 of the Insolvency Act 1986.

LIQ03 Notice of progress report in voluntary winding up





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11/10/2017 **COMPANIES HOUSE**

Full forename(s) Peter John	1	Company details			
Company name in full Medical & Finance Limited bold black capitals. 2	Company number	0 6 6 3 3 0 7 3	Filling in this form		
Full forename(s) Peter John Surname Harold 3 Liquidator's address Building name/number West Lancashire Investment Centre Street White Moss Business Park Post town Skelmersdale County/Region Lancashire Postcode WN N 8 9 T G Country 4 Liquidator's name • Full forename(s) Surname 5 Liquidator's address • Building name/number Street	Company name in full	Medical & Finance Limited			
Full forename(s) Peter John Surname Harold 3 Liquidator's address Building name/number West Lancashire Investment Centre Street White Moss Business Park Post town Skelmersdale County/Region Lancashire Postcode WN N 8 9 T G Country 4 Liquidator's name • Full forename(s) Surname 5 Liquidator's address • Building name/number Street Other liquidator Use this section to tell us about another liquidator. Use this section to tell us about another liquidator. Use this section to tell us about another liquidator. Post town County/Region Postcode					
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Building name/number Street White Moss Business Park Post town Skelmersdale County/Region Lancashire Postcode W N 8 9 T G Country Liquidator's name • Full forename(s) Surname Street Liquidator's address • Building name/number Street Post town County/Region Post town County/Region Postcode	Surname	Harold			
Street White Moss Business Park Post town Skelmersdale County/Region Lancashire Postcode W N 8 9 T G Country 4 Liquidator's name • Full forename(s) Surname Surname Liquidator's address • Building name/number Street Post town County/Region Postcode	3	Liquidator's address			
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County/Region Lancashire Postcode W N 8 9 T G Country 4	Street	White Moss Business Park			
County/Region Lancashire Postcode W N 8 9 T G Country 4					
Postcode W N 8 9 T G Country 4 Liquidator's name • Full forename(s) Surname Use this section to tell us about another liquidator. S Liquidator's address • Building name/number Street Post town County/Region Postcode	Post town				
Country Liquidator's name Full forename(s) Surname Liquidator's address Building name/number Street Post town County/Region Postcode Liquidator's name Other liquidator Use this section to tell us about another liquidator. Other liquidator Use this section to tell us about another liquidator.	County/Region	Lancashire			
Eull forename(s) Surname Surname Liquidator's address • Building name/number Street Post town County/Region Postcode Cother liquidator Use this section to tell us about another liquidator Use this section to tell us about another liquidator Use this section to tell us about another liquidator.	Postcode	W N 8 9 TG			
Full forename(s) Surname Surname Liquidator's address • Building name/number Street Post town County/Region Postcode	Country				
Surname Liquidator's address Building name/number Street Post town County/Region Postcode Use this section to tell us about another liquidator. Use this section to tell us about another liquidator. Other liquidator Use this section to tell us about another liquidator.	4	Liquidator's name			
Surname Liquidator's address Building name/number Street Post town County/Region Postcode	Full forename(s)				
Building name/number Street Post town County/Region Postcode	Surname				
Use this section to tell us about another liquidator. Post town County/Region Postcode	5	Liquidator's address 🛮			
Street another liquidator. Post town County/Region Postcode	Building name/number				
County/Region Postcode	Street		1		
County/Region Postcode					
Postcode	Post town				
	County/Region				
Country	Postcode				
	Country				

LIQ03 Notice of progress report in voluntary winding up

6	Period of progress report
From date	1 2 0 8 2 0 1 6
To date	0 8 2 0 1 7
7	Progress report
	☑ The progress report is attached
8	Sign and date
Liquidator's signature	X RIH CO
Signature date	o o o o o o o o o o

Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record. Contact name Michael Bimpson Company name Refresh Recovery Limited West Lancashire Investment Centre Registrar of Companies, Companies House, Address White Moss Business Park Post town Skelmersdale County/Region Postcode C Country ĐΧ Telephone 01695 711200 Checklist We may return forms completed incorrectly or with information missing. Please make sure you have remembered the following: ☐ The company name and number match the information held on the public Register. You have attached the required documents.

Important information

All information on this form will appear on the public record.

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

☐ You have signed the form.

Medical & Finance Limited (In Liquidation) Liquidator's Summary of Receipts & Payments

Statement of Affairs £		From 12/08/2016 To 11/08/2017 £	From 12/08/2014 To 11/08/2017 £
~ _			
	ASSET REALISATIONS		
NIL	Book Debts	NIL	NIL
	Cash at Bank	NIL	805.15
	Bank Interest Gross	0.03	0.04
	Bank Interest Net of Tax	NIL	0.54
		0.03	805.73
	COST OF REALISATIONS		
	Bordereau	NIL	105.00
	Companies House Search	NIL	2.00
	Irrecoverable VAT	NìL	64.94
	Stationery & Postage	NIL	4.92
	Statutory Advertising	NIL	317.76
		NIL	(494.62)
	UNSECURED CREDITORS		
(51,820.00)	HM Revenue & Customs - Corporatio	NIL	NIL
,	·	NIL	NIL
	DISTRIBUTIONS		
(1.00)	Ordinary Shareholders	NIL	NIL
,	•	NIL	NIL
(51,821.00)		0.03	311.11
	REPRESENTED BY		
	Bank 2 Current		311.11
			311.11

Note:

All Estate Bank Accounts are Interest Bearing

Peter John Harold Liquidator

refreshrecovery

Liquidator's Annual Progress Report to Creditors & Members

MEDICAL & FINANCE LIMITED (COMPANY NUMBER: 06633073)

LIQUIDATOR'S THIRD REPORT TO CREDITORS AND MEMBERS FOR THE PERIOD FROM 12 AUGUST 2016 TO 11 AUGUST 2017

DATED: 9 OCTOBER 2017

CONTENTS

- 1. Introduction
- 2. Progress Report
- 3. Creditors
- 4. Liquidator's Remuneration
- 5. Creditor's Rights
- 6. Conclusion & Next Report

APPENDICES

- 1. Receipts and Payments Account with Statement of Affairs Comparatives
- 2. SIP 9 Report
- 3. Refresh Recovery Limited's Schedule of Charge Out and Disbursements Rates

INTRODUCTION AND STATUTORY INFORMATION

I, Peter John Harold Refresh Recovery Limited, West Lancashire Investment Centre, Maple View, White Moss Business Park, Skelmersdale, Lancashire WN8 9TG was appointed as Liquidator of Medical & Finance Limited on 12 on 12 August 2014. This report provides an update on the progress of the liquidation for the year 12 August 2016 to 11 August 2017 and should be read in conjuection with any previous reports which have been issued.

The principle trading address of the Company was Wyder Court, Millenium City Park, Preston, PR2 5BW.

The registered office of the Company has been changed to C/o Refresh Recovery Limited, West Lancashire Investment Centre, Maple View, White Moss Business Park, Skelmersdale, Lancashire WN8 9TG and its registered number is 06633073.

PROGRESS OF THE LIQUIDATION

This section of the report provides creditors with an update on the progress made in the liquidation during the Period and an explanation of the work done by the Liquidator and his staff.

A copy of the receipts and payments account in relation to the conduct of the Liquidation for the year 12 August 2016 to 11 August 2017 and for the liquidation to date is attached. This compares the asset realisations to the estimates contained in the initial Directors' Statement of Affairs.

The work undertaken for the period 12 August 2016 to 11 August 2017 has been performed to comply solely with statutory requirements and can be summarised as follows:-

Administration and Planning

Updating checklists, diaries and IP Record; File Reviews

Statutory Matters

Completion and filing statutory documents at Companies House; Filing of all necessary returns with HM Revenue & Customs and preparation and circulation of annual progress report to creditors and members

ADMINISTRATION (including statutory compliance and reporting)

An office holder must comply with certain statutory obligations under the Insolvency Act 1986 and other related legislation. Details about the work I anticipated would need to be done in this area, was outlined to creditors in my initial fees estimate/information.

Where the costs of the statutory compliance work or reporting to creditors exceeds the initial estimate, it will usually be because the duration of the case has taken longer than anticipated, possibly due to protracted asset realisations, which have in turned placed a further statutory reporting requirement on the Liquidator.

As per my initial fees estimate/information, this work will not necessarily bring any financial benefit to creditors, but is required on every case by statute.

ASSET REALISATIONS

There have been no asset realisations for the year 12 August 2016 to 11 August 2017.

MEDICAL & FINANCE LIMITED LIQUIDATOR'S THIRD ANNUAL PROGRESS REPORT TO MEMBERS AND CREDITORS 9 OCTOBER 2017

Book Debt

There is a book debt in the sum £15,585 which is due to the Company from "North West Cosmetic Surgery Limited". This Company was placed into Creditors Voluntary Liquidation on the 12 August 2014 with Mr Peter John Harold of Refresh Recovery Limited as the appointed Liquidator. There is a possibility that a dividend will be paid in that liquidation however this will depend on realisations received from the sale of the business which is on a deferred consideration basis over a 5 year period.

Bank Interest Gross

A sum of £0.03 has been received for the period 12 August 2016 to 11 August 2017.

CREDITORS (claims & distributions)

Further information on the anticipated outcome for creditors in this case can be found at section 3 of this report. A Liquidator is not only required to deal with correspondence and claims from unsecured creditors (which may include retention of title claims), but also those of any secured and preferential creditors of the Company. This may involve separate reporting to any secured creditor and dealing with distributions from asset realisations caught under their security, most typically a debenture.

Claims from preferential creditors typically involve employee claims and payments made on behalf of the Company by the Redundancy Payments Service following dismissal.

The above work will not necessarily bring any financial benefit to creditors generally, however a Liquidator is required by statute to undertake this work. Similarly, if a distribution is to be paid to any class of creditor, work will be required to agree those claims and process the dividend payments to each relevant class of creditor. The more creditors a company has, the more time and cost will be involved by the Liquidator in dealing with those claims.

I can consider the following matters worth noting in my report to creditors at this stage:

There is 1 unsecured creditor claim in this case with a value as per the directors, statement
of affairs of £51,820.

MEDICAL & FINANCE LIMITED LIQUIDATOR'S THIRD ANNUAL PROGRESS REPORT TO MEMBERS AND CREDITORS 9 OCTOBER 2017

INVESTIGATIONS

Some of the work the Liquidator is required to undertake is to comply with legislation such as the Company Directors' Disqualification Act 1986 (CDDA 1986) and Statement of Insolvency Practice 2 – Investigations by Office Holders in Administration and Insolvent Liquidations and may not necessarily bring any financial benefit to creditors, unless these investigations reveal potential asset recoveries that the Liquidator can pursue for the benefit of creditors.

I can confirm that I have submitted a report on the conduct of the Directors of the Company to the Department for Business, Energy & Industrial Strategy under the CDDA 1986. As this is a confidential report, I am unable to disclose the contents.

Shortly after appointment, I made an initial assessment of whether there could be any matters that might lead to recoveries for the estate and what further investigations may be appropriate. This assessment took into account any information provided by creditors.

My investigations have not revealed any issues requiring further report or any further potential recoveries which could be pursued for the benefit of creditors.

MATTERS TO BE DEALT WITH

As mentioned previously there is a book debt due to the Company in the sum £15,585 from "North West Cosmetic Surgery Limited". This Company was placed into Creditors Voluntary Liquidation on the 12 August 2014 with Mr Peter John Harold of Refresh Recovery Limited as the appointed Liquidator. There is a possibility that a dividend will be paid in that liquidation however this will depend on realisations received from the sale of the business. The payments in respect of the sale of the business are being received on a deferred consideration basis over a 5 year period of which there are 2 outstanding payments to be received in January 2018 and January 2019.

CREDITORS

The position in respect of the creditors can be summarised as follows:

Preferential Creditors

There are no preferential creditors.

Secured Creditors

The Company has granted a fixed and floating charge debenture to National Westminster Bank PLC on 22 December 2011 which was registered at Companies House on the 30 December 2011. There is no known debt due to the bank

Prescribed Part

Under the provisions of Section 176A of the Insolvency Act 1986 the Liquidator must estimate the amount of funds available to unsecured creditors in respect of the prescribed part. This provision only applies where the Company has granted a floating charge to a creditor after 15 September 2003. The Company granted a floating charge to National Westminster Bank PLC on 22 December 2011 which was registered at Companies House on 30 December 2011. The prescribe part does not apply as there is no outstanding liability to the bank.

Unsecured Creditors

I have received claims totalling £50,633.58 from 1 creditor.

On the basis of the above I will not be formally agreeing the claims of the unsecured creditors at this time as it is uncertain as to whether there will be a distribution to the unsecured creditors in this matter.

LIQUIDATOR'S REMUNERATION

Pre Appointment Fees

As creditors will recall at the first Meeting of Creditors my pre-appointment Statement of Affairs Fee was agreed at £6,000 plus VAT. As will be noted from the receipt and payments account I have not drawn any monies towards these costs at this present time.

Liquidator's Fees

A schedule of the liquidator's time costs, as required under the provisions set out in the Statement of Insolvency Practice 9, for the year to 12 August 2016 to 11 August 2017 is attached. As creditors will note the time costs incurred for this period amount to £1,268 which consists of 7.00 hours at an average cost of £181.14. A schedule of the Liquidator's time costs for the entire period of the liquidation is also attached and the total time costs incurred amount to £7,604.50 which consists of 40.65 hours at an average cost of £187.07.

No creditors attended the initial creditor's meeting in person or were represented by proxy and therefore the resolution with regard to the Liquidator's remuneration could not be approved.

As mentioned above and due to lack of realisations no fees have been taken on account of time costs at this present time.

The work involved in this assignment has mainly been dealing with realisation of the assets, investigation into the Company's affairs (including the submission of reports on the conduct of the directors to the Department of Business, Innovation and Skills) and complying with various statutory obligations including the submission of the annual progress reports to Companies House and the members and creditors.

Liquidator's Disbursements

Other expenses paid during the liquidation are shown in the receipts and payments account. Where those expenses are significant they are disclosed together with expenses incurred but not paid below:

Supplier	Work Undertaken	Costs incurred since last report	Costs paid since last report	Total costs incurred	Total costs paid
Willis	Bond	£Nil	£Nil	£105.00	£105.00
Court Advertising Ltd	Statutory Advertising	£Nil	£Nil	£317.76	£317.76
Refresh Recovery Ltd	Stationary & Postage	£13.75	£Nil	£18.67	£4.92
Refresh Recovery Ltd	Photocopying	£3.75	£Nil	£3.75	£Nil

Liquidator's Charge Out and Disbursement Rates

Details of my firm's current charge out and disbursements rates can be found in the attached schedule.

OUTSTANDING COSTS

Aside from the Pre Appointment fees, Liquidator's fees and the disbursements stated above I am not aware of any further costs incurred but not paid.

MEDICAL & FINANCE LIMITED

LIQUIDATOR'S THIRD ANNUAL PROGRESS REPORT TO MEMBERS AND CREDITORS

9 OCTOBER 2017

CREDITORS' RIGHTS

Within 21 days of the receipt of this report, a secured creditor or an unsecured creditor (with the

concurrence of at least 5% in value of the unsecured creditors) may request in writing that the

Liquidator provide further information about his remuneration or expenses which have been

itemised in this progress report.

Any secured creditor, or an unsecured creditor (with the concurrence of at least 10% in value of the

unsecured creditors) may within 8 weeks of receipt of this progress report make an application to

court on the grounds that the basis fixed for the Liquidator's remuneration, the remuneration

charged or the expenses incurred by the Liquidator as set out in the progress report are excessive.

CONCLUSION AND NEXT REPORT

This concludes this report. Please note that I am required to provide a further report on the

progress of the liquidation within two months of the end of the next anniversary of the liquidation,

unless I have concluded matters prior to this, in which case I will write to all creditors with my draft

final progress report ahead of convening the final meeting of creditors.

Yours faithfully

For Medical & Finance Limited

WHaralo

Peter John Harold

Liquidator

MEDICAL & FINANCE LIMITED (COMPANY NUMBER: 06633073)

Appendix 1 – Receipts and Payments Account with Statement of Affairs Comparatives

North West Cosmetic Surgery Limited (In Liquidation) Liquidator's Summary of Receipts & Payments

Statement of Affairs		From 12/08/2016 To 11/08/2017	From 12/08/2014 To 11/08/2017
£		£	<u> </u>
,	ASSET REALISATIONS		
300,000.00	Sale of Business	60,000.00	180,000.00
50,138.00	Book Debts	NIL	NII
	Cash at Bank	NIL	7,480.0
	South Ribble Borough Council - Refun	NIL	374.7
	Bank Interest Gross	12.49	32.60
	Bank Interest Net of Tax	NIL	88.6
		60,012.49	187,976.0
	COST OF REALISATIONS		
	Bordereau	NIL	750.00
	Preparation of S. of A.	NIL	5,500.00
	Liquidators Fees	3,400.00	23,850.00
	Book Debt Collection fee	30,000.00	90,000.00
	Companies House Search	NIL	8.00
	Legal Fees	200.00	200.00
	Corporation Tax	NIL	7.00
	Stationery & Postage	10.71	32.70
	Photocopying	3.15	13.35
	Storage Costs	NIL	16.90
	Statutory Advertising	NIL	402.36
	Disbursement - Room Hire	13.50	78.99
	Bank Charges	NIL	7.00
	·	(33,627.36)	(120,866.30)
ı	UNSECURED CREDITORS		
(15,585.00)	Medical & Finance Limited	NIL	Nil
(4,806.00)	Sandon House Group Limited	NIL	NII
(70,000.00)	Yorkshire Bank	NiL	NIL
(15,670.00)	HM Revenue & Customs - Corporatio	NIL	NIL
(9,000.00)	HM Revenue & Customs - VAT	NIL	NIL
		NIL	Nil
!	DISTRIBUTIONS		
(25,000.00)	Ordinary Shareholders	NIL	NIL
	•	NIL	NII
210,077.00		26,385.13	67,109.78
ſ	REPRESENTED BY		
	Vat Receivable		372.70
	Bank 2 Current		66,737.08
			67,109.78

Note:

All Estate Bank Accounts are Interest Bearing

MEDICAL & FINANCE LIMITED (COMPANY NUMBER: 06633073)

Appendix 2 – SIP 9 Report

Refresh Recovery Limited

TIME & CHARGEOUT SUMMARIES (POST)

Medical & Finance Limited

From 12 Aug 2016 to 11 Aug 2017

HOURS

Classification Of work Function	Partner	Manager	Other Senior Professional	Assistants & Support Staff	Total Hours	Time Cost £	Average Hourly Rate £
Administration & Planning	0.80	0.40	0.45	3.15	4.80	888.00	185.00
Creditors	0.00	0.00	0.00	0.20	0.20	20.00	100.00
Statutory Matters	0.00	0.00	0.00	2.00	2.00	360.00	180.00
Investigations	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Realisation of Assets	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Trading	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total Fees Claimed £	268.00	112.00	81.00	807.00		1,268.00	
Total Hours	0.80	0.40	0.45	5.35	7.00]
Average Rate	335.00	280.00	180.00	150.84			

Refresh Recovery Limited

TIME & CHARGEOUT SUMMARIES (POST)

Medical & Finance Limited

From 12 Aug 2014 to 11 Aug 2017

HOURS

Classification Of work Function	Partner	Manager	Other Senior Professional	Assistants & Support Staff	Total Hours	Time Cost £	Average Hourly Rate £
Administration & Planning	3.20	3.40	0.45	14.35	21.40	4,096.00	191.40
Investigations	0.60	0.00	0.00	5.75	6.35	1,236.00	194.65
Realisation of Assets	0.00	0.00	0.00	0.45	0.45	81.00	180.00
Creditors	0.00	0.00	0.00	1.40	1.40	156.00	111.43
Statutory Matters	0.30	0.00	0.00	10.75	11.05	2,035.50	184.21
Trading	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total Fees Claimed £	1,373.50	952.00	81.00	5,198.00		7,604.50	
Total Hours	4.10	3.40	0.45	32.70	40.65		
Average Rate	335.00	280.00	180.00	158.96			

MEDICAL & FINANCE LIMITED (COMPANY NUMBER: 06633073)

Appendix 3 – Refresh Recovery Limited's Schedule of Charge Out and Disbursements Rates

REFRESH RECOVERY LIMITED'S FEE AND EXPENSES

1. TIME COST AND CHARGE OUT RATES

The work involved in this Liquidation is detailed in the report to creditors

The current charge out rates for this Firm is as follows:-

Grade of Staff	(£ per hour)
Insolvency Practitioner/Partner	335
Senior Manager	280
Manager	250
Case Supervisor	180
Senior Case Administrator	140
Case Administrator	100

All charge out rates are subject to periodic review. Any material amendments to charge out rates shall be advised to Creditors (or the Liquidation Committee, if appropriate) in subsequent statutory reports Time spent by support staff for carrying out shorter tasks, such as typing or dealing with post, is not charged to cases but is carried out as an overhead. Only where a significant amount of time is spent at one time on a case is a charge made for support staff. Time is recorded in units of 0.10 of an hour (i.e. 6 minute units).

A creditors' guide to Liquidators fees can be downloaded from the following site:-

http://www.icaew.com/~/media/Files/Technical/Insolvency/creditors-guides/creditors-guide-liquidators-fees-final.pdf

Please note that if you wish to have a hard copy of the Creditors' Guide to Fees please contact this office and a copy will be supplied to you free of charge.

2. EXPENSES & DISBURSEMENT COSTS

Where the Insolvency Practitioner in the firm acts as office-holder of an insolvent estate, the firm will seek to re-charge these costs (plus VAT where applicable). In such cases to comply with Statement of Insolvency Practice 9 (SIP9), the standard disbursement cost and expense re-charge calculations will be based upon the firm's standard policy which is as follows:

Category 1 Disbursements

These costs will include, among other:-

Statutory Advertising: As per advertisers/agents invoice

Statutory Bonding: Charged at cost

Postal Redirection: Charged at cost

Courier : Charged at cost

Postage: First class postal charges based on the weight of the circular.

Storage: Pro rata per number of boxes per storage charge invoice. An

external storage provider provides this facility to the firm. Current charges are £2.50 for the box and £4.25 per box per annum for the

storage

Room Hire: No charge is made for meeting within the firm's office but charges

made by others (including charges by the Landlord for rooms at West

Lancashire Investment Centre) are charged at cost

Land Registry Searches: As per Land Registry invoice

Companies House Search: As per Companies House invoice

Travel: Charged at costs for public transport, taxis and car parking

Category 2 Disbursements

This relates to expenditure which may be directly related to the insolvent estate, or where the costs is apportioned or allocated over a number of such cases and estimates are used in the calculation. Such disbursements require creditor approval.

Photocopier/Paper: £0.15 per sheet – irrespective of size. Based on average costs of

machine consumables (toner cartridges, maintenance etc) and paper

Fax: £0.60 per page sent. Based on the average costs involved in the use

of fax machine consumables (toner cartridges, maintenance etc) and

line costs

Stationery: Lever arch files: £3.63 each

A-Z dividers £2.69 each
Multi punched pockets £0.03 each
C5 window envelopes £0.04 each
C4 (A4 unfolded) window envelopes £0.08 each

Travel: 45p per mile which is the cost reimbursed to staff

Telephone: Conference and international calls are charged at cost

All the above costs are subject to periodic review. Any material amendments to costs shall be advised to Creditors (or the Creditors' Committee, if appropriate) in subsequent statutory reports