

Abbreviated Unaudited Accounts
for the Year Ended 31 March 2015
for
About Health Limited

Contents of the Abbreviated Accounts
for the Year Ended 31 March 2015

	Page
Company Information	1
Abbreviated Balance Sheet	2
Notes to the Abbreviated Accounts	4

About Health Limited

Company Information
for the Year Ended 31 March 2015

DIRECTORS:

R Benson
B W Leaker
S Chidgey

SECRETARY:

Stafford House Secretarial Services Ltd

REGISTERED OFFICE:

Stafford House
Blackbrook Park Avenue
TAUNTON
Somerset
TA1 2PX

REGISTERED NUMBER:

06607168 (England and Wales)

ACCOUNTANTS:

A C Mole & Sons
Stafford House
Blackbrook Park Avenue
Taunton
Somerset
TA1 2PX

Abbreviated Balance Sheet
31 March 2015

	Notes	2015 £	£	2014 £	£
FIXED ASSETS					
Tangible assets	2		556		808
CURRENT ASSETS					
Debts					
Debts factored without recourse		30,702		41,922	
Invoice Discounting Account		<u>(21,247)</u>		<u>(17,943)</u>	
		9,455		23,979	
Debtors		411,044		309,754	
Cash at bank and in hand		<u>1,426</u>		<u>107</u>	
		421,925		333,840	
CREDITORS					
Amounts falling due within one year		<u>317,626</u>		<u>318,564</u>	
NET CURRENT ASSETS			<u>104,299</u>		<u>15,276</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>104,855</u>		<u>16,084</u>
CAPITAL AND RESERVES					
Called up share capital	3		300		300
Share premium			74,970		74,970
Profit and loss account			<u>29,585</u>		<u>(59,186)</u>
SHAREHOLDERS' FUNDS			<u>104,855</u>		<u>16,084</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2015 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

Abbreviated Balance Sheet - continued
31 March 2015

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 30 December 2015 and were signed on its behalf by:

B W Leaker - Director

Notes to the Abbreviated Accounts
for the Year Ended 31 March 2015

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and are in accordance with applicable accounting standards.

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2014	11,224
Additions	590
At 31 March 2015	<u>11,814</u>
DEPRECIATION	
At 1 April 2014	10,416
Charge for year	842
At 31 March 2015	<u>11,258</u>
NET BOOK VALUE	
At 31 March 2015	<u>556</u>
At 31 March 2014	<u>808</u>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2015 £	2014 £
300	Ordinary shares	1	<u>300</u>	<u>300</u>

Notes to the Abbreviated Accounts - continued
for the Year Ended 31 March 2015

4. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to directors subsisted during the years ended 31 March 2015 and 31 March 2014:

	2015 £	2014 £
R Benson		
Balance outstanding at start of year	106,931	109,659
Amounts advanced	3,450	9,256
Amounts repaid	(1,542)	(11,984)
Balance outstanding at end of year	<u>108,839</u>	<u>106,931</u>
B W Leaker		
Balance outstanding at start of year	72,291	94,921
Amounts advanced	16,936	5,673
Amounts repaid	-	(28,303)
Balance outstanding at end of year	<u>89,227</u>	<u>72,291</u>
N S Grinstead		
Balance outstanding at start of year	44,737	69,663
Amounts advanced	1,428	5,610
Amounts repaid	(1,575)	(30,536)
Balance outstanding at end of year	<u>44,590</u>	<u>44,737</u>

Interest has been charged on the overdrawn directors' loan accounts.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.