

288b

Please complete in typescript,
or in bold black capitals
CHFP096

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

6569559

Company Name in full

A BALANCED LIFE COM LIMITED

Date of termination of appointment

Day	Month	Year
21	04	2008

as director



as secretary



Please mark the appropriate box. If
terminating appointment as a director and
secretary mark both boxes

NAME *Style / Title

*Honours etc

Please insert
details as
previously
notified to
Companies House

Forename(s)

Surname

Abergan Reed Limited

†Date of Birth

Day	Month	Year

A serving director, secretary etc must sign the form below.

* Voluntary details
† Directors only
** Delete as
appropriate

Signed

W. Ball

Date

21/04/2008

(** serving director / secretary / administrator / administrative receiver / receiver
manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is a query

1st For Business Ltd (RM/5864)

INGLES MANOR,

FOLKESTONE CT20 2RD

Tel 01303 297070

DX number DX 4924

DX exchange Folkestone

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

THURSDAY



ARAOXZ50

A41

24/04/2008

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COMPANIES HOUSE