REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2012
FOR
BAPS CHARITIES

MONDAY



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20/05/2013 COMPANIES HOUSE #176

P.S.J.Alexander&Co.

Chartered Accountants

LONDON



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# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2012

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2012. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

# REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 06547657 (England and Wales)

**Registered Charity number** 1123367

Registered office 54-62 Meadow Garth Neasden London NW10 8HD

Trustees Arvindkumar P Patel Mukesh Patel Harshad H Patel Nitin Palan Sanjay Kara

- appointed 28/11/2012 - appointed 28/11/2012

Company Secretary M G Patel

Independent examiner
Manesh Shah
FCA
PSJ Alexander & Co
Chartered Accountants
1 Doughty Street
London
WC1N 2PH

#### Rankers

The Royal Bank of Scotland Plc 354 Station Road Harrow HA1 3XZ

# Solicitors

Hugh, Cartwright & Amin 12 John Street, London WC1N 2EB

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2012

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association incorporated on 28th March 2008, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006

#### Operation

The day-to-day management of the Charity is conducted by the Trustees The Charity is based in the UK and has its head office in Neasden, London The Charity is managed by the Board of Trustees

# Recruitment and appointment of new trustees

The body responsible for the management of the Charity is the Board of Trustees. Potential new trustees are periodically identified by the Board of Trustees. These individuals work alongside existing Trustees for a suitable period before considering their appointment.

#### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error

#### Internal control

The Trustees have overall responsibility for ensuring that the Charity has appropriate systems of internal controls across the entire organisation. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements follow best practice.

The systems of internal control are designed to provide reasonable, but not absolute, assurance against material misstatement or loss. Internal control processes implemented by the Trustees include

- Production of monthly management accounts and review of financial results and performance indicators by the Trustees at board meetings
- Delegation of authority and segregation of duties
- Identification and management of risk

#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2012

# **OBJECTIVES AND ACTIVITIES**

#### Our Vision

BAPS Charities, UK is an international charity organisation committed to serving the world by caring for individuals, families and communities

Our mission is to service the needy individuals, families and communities in the UK and elsewhere

#### Aims and objectives

Supported by our numerous and dedicated volunteers, BAPS Charities aims to

- provide health awareness outreach programmes,
- build self-supporting educational institutes and help sustain existing educational programmes to provide quality, value-based education for children,
- protect our natural resources by creating innovative sustainable solutions that promote the responsible use of the earth's ecosystems and resources,
- empower underprivileged girls and young women with education and skills to raise strong and united families and in turn, strengthen and stabilise their local communities,
- invest in the future of needy children and youths by inspiring learning, self-reliance, family respect, social responsibility, and moral integrity.
- provide immediate relief to survivors of natural disasters and remain in service until the affected communities are rehabilitated and self-reliant

In setting our objectives and planning our activities, the Trustees have given careful consideration to the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on serving the world by caring for individuals, families and communities

#### Events during the year

New Donors Register at Bone Marrow Recruitment Drive:

As part of its continuing partnership with The Anthony Nolan Trust, BAPS Charities UK organised a recruitment drive for bone marrow donors on the evening of Saturday 28 January at BAPS Shri Swaminarayan Mandir, London 22 volunteers from BAPS Charities were trained in recruiting bone marrow donors. The campaign proved to be a notable success with 82 new donors registered.

### Health Awareness Seminar for the Elderly:

The seminar was conducted by Dr Kalpesh Besherdas, Consultant Gastroenterologist at Barnet and Chase Farm NHS Trust

The seminar covered the following areas

- · Recognition of alarming symptoms that might be suggestive of cancer
- Symptoms suggestive of heartburn, indigestion and reflux
- Symptoms of stomach ulcers
- · Symptoms of gall stones or gallbladder problems
- · Recognition of Irritable Bowel Syndrome
- · Actions to take for changing bowel habits or stomach bloating

The seminar was attended by approximately 50 people, all of whom found it very informative and helpful, and had numerous questions answered

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2012

# OBJECTIVES AND ACTIVITIES Events during the year

# BAPS Charities - Celebrating Your Support of Barnardo's:

BAPS Charities 10K Challenge and 30-mile bike ride in 2010, raised £25,000 for Bamardo's to help vulnerable children throughout the UK. In commemoration of this project, Barnardo's recently published a book to express their gratitude to everyone who participated and as a celebration of the success and fun of the challenge itself

### Health and Vitality Day for Mothers and Children

In continuation of its multifarious health awareness initiatives, volunteers from BAPS Charities organised a day of fun and fitness at Harrow Leisure Centre on Sunday 18 March.

Being Mother's Day, the event was specifically designed for children and mothers to participate together and invest some quality time in improving their physical wellbeing

Over 115 women and 70 children enjoyed an array of healthy, fun-filled activities, including swimming, zumba, yoga and table tennis. The children also enjoyed a soft play area in addition to various other games and recreational activities. Health awareness presentations on cancer awareness in women, and on reducing and managing stress were organised. The informal, interactive sessions proved to be highly informative and popular.

#### BAPS Charities donates £25,000 to Age UK:

BAPS Charities, UK presented a cheque for £25,000 to Age UK at on Saturday 3 March. The money had been raised over two Sundays in April 2011 when over 3,500 people participated in the BAPS Charities 10k Challenge. The participants had walked, jogged or run 10 kilometres, or cycled 30 kilometres, to raise funds for children and various other worthy causes.

Some of the funds that were raised have already been put to good use with the creation of a booklet in Gujarati on managing finances for the elderly – published by Age UK with the help of BAPS Chanties

### BAPS Charities Cardiovascular Screening:

The session was aimed for those between 30 and 60 years. In total, 33 people were screened. The average age of people screened was 45 years. Some of the findings included 18 people with an elevated body mass index, 22 people with an elevated blood glucose and 9 people with an elevated blood cholesterol. In addition, 7 out of 30 people screened were found to have hearing abnormalities. The results highlighted once again that there are many young Asians in the community unaware that they may be at risk of developing either diabetes or heart-related disease. These tests and the service provided were extremely positively received and all screened patients were very grateful, praising the hard work performed by the team.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2012

# OBJECTIVES AND ACTIVITIES Events during the year

# BAPS Charities Cancer Awareness Seminar:

Cancer awareness seminars were attended by approximately 100 people from the local South Asian community.

The first session on Breast Cancer awareness was conducted by Ms Sudeshi Bedi, Cancer Awareness Project Manager of Brent and Harrow PCT, with clinical advice being offered by a consultant breast surgeon, Mr Sanjay Baldota from Mount Vernon Hospital

Second session about prostate cancer was conducted by Suresh Rambaran from The Prostate Cancer Charity

The third session was related to bowel cancer awareness, and was conducted jointly by Ms Sudeshi Bedi and Mr Abhay Chopada, Consultant Colorectal Surgeon at Ealing Hospital

### BAPS Charities Annual Challenge:

BAPS Charities UK held this year's event in London on Sunday 29 April in conjunction with the renowned national charity, Macmillan Cancer Support, as well as several smaller charities around the country. It brought together members of the community from a wide variety of backgrounds and ages – ranging from 3 to 97 – to walk, jog or run a distance of 10 kilometres. More than 40 participants took the more challenging option of cycling 30 kilometres in Leicester a week earlier, on Saturday 21 April

The BAPS Charities Annual Challenge was also held during April at 16 centres around the UK, many supporting charities at the local level as well.

- Birmingham supporting Birmingham Children's Hospital
- Coventry supporting University Hospital Coventry and Warwickshire
- Edinburgh supporting The Sick Kids Friends Foundation
- Glasgow supporting Glasgow Old People's Welfare Organisation
- Havant supporting Down Syndrome Educational Trust
- Leicester supporting Hope Against Cancer
- Loughborough supporting LOROS Hospice Care for Leicestershire & Rutland
- Manchester (Ashton-under-Lyne) supporting Our Kids Eyes
- Milton Keynes supporting Little Lives Appeal
- Nottingham supporting Maggies Cancer Care Centre, Nottingham

BAPS Charities UK presented a cheque for £25,000 to Macmillan Cancer Support during the Diwali celebrations at BAPS Shri Swaminarayan Mandir, London on Tuesday 13 November

#### BAPS Charities Supports Health Awareness Drive for Rotary Club:

BAPS Charities was requested by the Rotary Club of Edgware and Stanmore to support a health awareness drive at the Broadwalk Shopping Centre in Edgware, London to coincide with National Stroke Awareness Day

The health screening included measurements of blood pressure, body mass index and blood glucose levels. Volunteers from at BAPS Charities offered their services

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2012

# OBJECTIVES AND ACTIVITIES Events during the year

# BAPS Charities Teams Up for 'Big Tidy Up' in Brent:

In keeping with its ongoing commitment to the local community in Brent, BAPS Charities jointly coordinated a 'Big Tidy Up' project with neighbouring organisations Tesco and McDonald's to clean the roads, alleyways and green areas in the vicinity

### BAPS Charities Teams Up with KidsCan for Fundraising Event:

Both charities teamed up for a special fundraising event at EventCity near The Trafford Centre on Sunday 1 July KidsCan had organised it as a Guinness World Record attempt to perform 'the largest Can Can dance' with an anticipated 2,000 participants.

All contributions would go towards funding research into new and improved treatment for children with cancer.

#### Other events:

- Mother and Baby Welfare Seminars held in June at BAPS Shri Swaminarayan Mandir, London
- Asthma and Breathing Difficulties Seminar BAPS Charities teamed up with the British Lung Foundation's Breathe
  Easy programme in Brent to deliver a seminar on asthma and breathing difficulties at BAPS Shri Swaminarayan
  Mandir, London on Sunday 17 June
- Stroke Awareness Lecture lecture at BAPS Shri Swaminarayan Mandir in Wellingborough, Northants on Saturday
   21 July
- BAPS Charities Supports Deafblind Charity
- BAPS Charities teams up with Thames21 to clean Brent Feeder Canal on Saturday 13 October.
- BAPS Charities Observes Sewa Day across the UK on Sunday 7 October
- BAPS Charities Collects Funds for Children in Need
- Welfare for the Elderly' Seminar for St Luke's Hospice on Sunday 25 November

### Volunteers' contributions in achieving the objectives of the Charity

BAPS Charities delivers its services with the help of substantial volunteer network base. The volunteers are organised through a framework involving National, Regional, and Area Co-ordinators. The volunteers play a vital role in the fund raising activities of the Charity.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST DECEMBER 2012

#### FINANCIAL REVIEW

#### Reserves Policy

The Board of Trustees conducts an annual review of the level of unrestricted reserves in the general fund by considering risks associated with the various income streams, expenditure plans and balance sheet items. This enables an estimate to be made of the level of reserves that are sufficient

- to allow time for re-organisation in the event of a downturn in income or asset values,
- to protect ongoing work programme, and
- to allow the Charity to meet its objectives

Risks and issues considered by the Board of Trustees in making this judgement on the level of unrestricted reserves include

- likelihood of a downturn in income streams,
- period of time required to re-establish income streams,
- period of time required to downsize the Charity operations,
- whether there is adequate control over budgets,
- potential decrease in the value of the investment portfolio, and
- requirements for a reasonable level of working capital

#### Financial Review

The Statement of Financial Activities (SOFA) shows the gross income received from all sources and the split of activity between restricted and unrestricted funds

#### **Incoming Resources**

The Trustees were pleased with the level of incoming resources during the year

The Charity's activities are financed by funds raised through

- Voluntary income donations
- Activities for generating funds

#### Voluntary income - donations

Donations are received for the general operation of the Charity

#### Activities for generating funds

These fall under two categories

- Donations received from volunteers and general public
- Sponsored walks and other activities

### Treasury management - interest receivable

The Trustees utilise term deposit accounts to maximise the amount of interest earned on cash balances held

#### PLANS FOR FUTURE PERIODS

The Trustees wish to maintain the continued success achieved by BAPS Charities in delivering its aims and objectives

The Trustees would like to acknowledge the tremendous efforts of the volunteers and the many supporters of the Charity for their kind and generous donations.

ON BEHALF OF THE BOARD

Arvindkumar P Patel - Trustee

Date 30 April 2013

Harshad H Patel - Trustee

Date 30 April 2013

I report on the accounts for the year ended 31st December 2012 set out on pages eleven to sixteen

#### Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of FCA.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention

#### Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below

#### Independent examiner's statement

In connection with my examination, no matter has come to my attention

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006 and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities

have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

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Manesh Shah FCA PSJ Alexander & Co Chartered Accountants 1 Doughty Street London WC1N 2PH

3:/7n1 2013

Date

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST DECEMBER 2012

	Uı Notes	nrestricted funds £	Restricted funds £	2012 Total funds £	2011 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds				222 000	202 502
Voluntary income - donations	•	322,080	-	322,080	302,592
Investment income	2	<u>13,218</u>	<del></del>	13,218	1,685
Total incoming resources		335,298	-	335,298	304,277
RESOURCES EXPENDED Charitable activities					
Charitable Activities		88,206	_	88,206	39,865
Governance costs		265	-	265	177
					<del></del>
Total resources expended		88,471	-	88,471	40,042
NET INCOMING RESOURCES		246,827	-	246,827	264,235
RECONCILIATION OF FUNDS					
Total funds brought forward		321,543	-	321,543	57,308
TOTAL FUNDS CARRIED FORWARD		568,370	-	568,370	321,543

The notes form part of these financial statements

# BALANCE SHEET AT 31ST DECEMBER 2012

EIVED ACCETC	Ui Notes	prestricted funds £	Restricted funds £	2012 Total funds £	2011 Total funds £
FIXED ASSETS Investments	4	510,000	-	510,000	310,000
CURRENT ASSETS Cash at bank		58,447	-	58,447	11,602
CREDITORS Amounts falling due within one year	5	(77)		(77)	(59)
NET CURRENT ASSETS		58,370	<del>-</del>	_ 58,370	11,543
TOTAL ASSETS LESS CURRENT LIABILITIES		568,370	-	568,370	321,543
NET ASSETS		568,370		568,370	321,543
FUNDS Unrestricted funds Restricted funds	6			568,370	321,543
TOTAL FUNDS				568,370	321,543

The notes form part of these financial statements

# BALANCE SHEET - CONTINUED AT 31ST DECEMBER 2012

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2012

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31st December 2012 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved by the Board of Trustees on 30 April 2013 and were signed on its behalf by

Arvindkumar P Patel -Trustee

Harshad H Patel Trustee

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2012

#### 1. ACCOUNTING POLICIES

#### Accounting convention

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities

#### **Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy

#### Private donations

Funds received by way of private donations are credited to the statement of Financial Activities in the year in which they are received as a contribution towards overheads. Where tax has been deducted at source, income is grossed up in cases where tax has been reclaimed from the authorities. The tax recoverable is shown as a debtor at the year end

#### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The irrecoverable element of VAT is included in the expenses to which it relates

#### **Taxation**

The charity is a registered charity and therefore is not liable for income tax or corporation tax on its income, as it falls within various exemptions available to registered charities

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees

Restricted funds can only be used for particular restricted purposes within the objects of the charity Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements

#### Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result.

# 2. INVESTMENT INCOME

	2012	2011
	£	£
Deposit account interest	13,218	1,685

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2012

#### 3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st December 2012 nor for the year ended 31st December 2011

# Trustees' expenses

There were no trustees' expenses paid for the year ended 31st December 2012 nor for the year ended 31st December 2011.

#### FIXED ASSET INVESTMENTS 4.

	Other	2012 £ 510,000	2011 £ 310,000
	There were no investment assets outside the UK		
	Investments (neither listed nor unlisted) were as follows	2012	2011
	FD deposits	£ 510,000	£ 310,000
5.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	Other creditors	2012 £ 	2011 £ 59
6.	MOVEMENT IN FUNDS		
		Net movement in	

	Net movement in		
	At 1/1/12 £	funds £	At 31/12/12 £
Unrestricted funds General fund	321,543	246,827	568,370
TOTAL FUNDS	321,543	246,827	568,370

# NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST DECEMBER 2012

# 6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows

	Incoming resources £	Resources expended £	Movement in funds
Unrestricted funds General fund	335,298	(88,471)	246,827
		<del></del>	<del></del>
TOTAL FUNDS	335,298	(88,471)	246,827

The Charity's Independent Examiner did not charge for their services during the current year. The estimated value of these services is £2,000 (2011 £2,000)