



Companies House
— for the record —

AR01 (ef)

Annual Return



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X152VLMB

Company Name: **PRO-FITNESS MARTLESHAM LIMITED**

Company Number: **06537149**

Date of this return: **18/03/2012**

SIC codes: **93110**

Company Type: **Private company limited by shares**

Situation of Registered Office: **26 BRETtenham CRESCENT
IPSWICH
ENGLAND
IP4 2UB**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR BERNARD GODFREY**

Surname: **BAKER**

Former names:

Service Address: **142 HIGHFIELD ROAD
IPSWICH
SUFFOLK
IP1 6DJ**

Company Director 1

Type: **Person**
Full forename(s): **MR DARREN JAMES**

Surname: **BARNES**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **01/10/1976** Nationality: **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	50
		<i>Aggregate nominal value</i>	50
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
FULL RIGHTS			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	50
		<i>Total aggregate nominal value</i>	50

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/03/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **50 ORDINARY shares held as at the date of this return**
Name: **DARREN BARNES**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.