

**REGISTERED NUMBER: 6501260 (England and Wales)**

**ABBREVIATED UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 28 FEBRUARY 2010  
FOR  
GLOBAL MANAGEMENT FITNESS LIMITED**

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**GLOBAL MANAGEMENT FITNESS LIMITED**

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FOR THE YEAR ENDED 28 FEBRUARY 2010**

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**GLOBAL MANAGEMENT FITNESS LIMITED**

**COMPANY INFORMATION  
FOR THE YEAR ENDED 28 FEBRUARY 2010**

**DIRECTORS:**

P A Tomlin  
I F Rogerson

**REGISTERED OFFICE:**

69-71 East St  
Epsom  
Surrey, England  
KT17 1BP

**REGISTERED NUMBER.**

6501260 (England and Wales)

**ACCOUNTANTS:**

Hakim Fry  
Chartered Accountants  
69-71 East St  
Epsom  
Surrey, England  
KT17 1BP

**GLOBAL MANAGEMENT FITNESS LIMITED**

**ABBREVIATED BALANCE SHEET  
28 FEBRUARY 2010**

	Notes	28.2.10 £	£	28 2 09 £	£
<b>FIXED ASSETS</b>					
Tangible assets	2		266		-
<b>CURRENT ASSETS</b>					
Debtors		100		7,854	
Cash at bank		8,547		1,597	
		<u>8,647</u>		<u>9,451</u>	
<b>CREDITORS</b>					
Amounts falling due within one year		<u>32,947</u>		<u>35,923</u>	
<b>NET CURRENT LIABILITIES</b>			<u>(24,300)</u>		<u>(26,472)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>(24,034)</u>		<u>(26,472)</u>
<b>CREDITORS</b>					
Amounts falling due after more than one year			<u>121,601</u>		<u>108,843</u>
<b>NET LIABILITIES</b>			<u>(145,635)</u>		<u>(135,315)</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	3	100		100	
Profit and loss account		<u>(145,735)</u>		<u>(135,415)</u>	
<b>SHAREHOLDERS' FUNDS</b>			<u>(145,635)</u>		<u>(135,315)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2010

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2010 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The notes form part of these abbreviated accounts

**ABBREVIATED BALANCE SHEET - continued**  
**28 FEBRUARY 2010**

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on . 21/12/2010 and were signed on its behalf by

A handwritten signature in black ink, appearing to read 'Paul Tomlin'.

P A Tomlin - Director

The notes form part of these abbreviated accounts

# GLOBAL MANAGEMENT FITNESS LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 28 FEBRUARY 2010

### 1 ACCOUNTING POLICIES

#### Accounting convention

The financial statements have been prepared under the historical cost convention in accordance with Financial Standard for Smaller Entities (effective January 2007) and on the basis of a going concern on the footing of continuing financial support from its shareholders

#### Turnover

Turnover represents net invoiced sales of services, excluding value added tax

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Computer equipment - Straight line over 3 years

#### Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

#### Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result

### 2 TANGIBLE FIXED ASSETS

	<b>Total £</b>
<b>COST</b>	
Additions	<b>399</b>
At 28 February 2010	<b>399</b>
<b>DEPRECIATION</b>	
Charge for year	<b>133</b>
At 28 February 2010	<b>133</b>
<b>NET BOOK VALUE</b>	
At 28 February 2010	<b>266</b>

### 3 CALLED UP SHARE CAPITAL

Allotted and issued Number	Class	Nominal value	28.2.10 £	28.2.09 £
100	Ordinary	£1	<b>100</b>	100