

REGISTERED NUMBER: 06501260 (England and Wales)

**ABBREVIATED UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 28 FEBRUARY 2011
FOR
GLOBAL MANAGEMENT FITNESS LIMITED**

WEDNESDAY



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30/11/2011

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COMPANIES HOUSE

GLOBAL MANAGEMENT FITNESS LIMITED

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FOR THE YEAR ENDED 28 FEBRUARY 2011**

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GLOBAL MANAGEMENT FITNESS LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 28 FEBRUARY 2011**

DIRECTOR: P A Tomlin

REGISTERED OFFICE: 69-71 East St
Epsom
Surrey, England
KT17 1BP

REGISTERED NUMBER: 06501260 (England and Wales)

ACCOUNTANTS: Hakim Fry
Chartered Accountants
69-71 East St
Epsom
Surrey, England
KT17 1BP

GLOBAL MANAGEMENT FITNESS LIMITED

**ABBREVIATED BALANCE SHEET
28 FEBRUARY 2011**

	Notes	28.2.11 £	£	28.2.10 £	£
FIXED ASSETS					
Tangible assets	2		133		266
CURRENT ASSETS					
Debtors		100		100	
Cash at bank		-		8,547	
		<u>100</u>		<u>8,647</u>	
CREDITORS					
Amounts falling due within one year		<u>26,609</u>		<u>32,947</u>	
NET CURRENT LIABILITIES			<u>(26,509)</u>		<u>(24,300)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(26,376)</u>		<u>(24,034)</u>
CREDITORS					
Amounts falling due after more than one year			<u>126,931</u>		<u>121,601</u>
NET LIABILITIES			<u>(153,307)</u>		<u>(145,635)</u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>(153,407)</u>		<u>(145,735)</u>
SHAREHOLDERS' FUNDS			<u>(153,307)</u>		<u>(145,635)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2011

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2011 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The notes form part of these abbreviated accounts

GLOBAL MANAGEMENT FITNESS LIMITED

ABBREVIATED BALANCE SHEET - continued
28 FEBRUARY 2011

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on 28/11/2011 and were signed by

A handwritten signature in black ink, appearing to read 'P A Tomlin', written in a cursive style.

P A Tomlin - Director

The notes form part of these abbreviated accounts

GLOBAL MANAGEMENT FITNESS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 28 FEBRUARY 2011

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention in accordance with Financial Standard for Smaller Entities (effective January 2007) and on the basis of a going concern on the footing of continuing financial support from its shareholders

Turnover

Turnover represents net invoiced sales of services, excluding value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Computer equipment - Straight line over 3 years

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are taken into account in arriving at the operating result

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 March 2010	
and 28 February 2011	399
DEPRECIATION	
At 1 March 2010	133
Charge for year	133
	266
At 28 February 2011	
NET BOOK VALUE	
At 28 February 2011	133
At 28 February 2010	266

3 CALLED UP SHARE CAPITAL

Allotted and issued Number	Class	Nominal value £1	28.2.11 £	28.2.10 £
100	Ordinary		100	100