Registered number: 06479215

1-GREATLIFE LIMITED

ABBREVIATED ACCOUNTS FOR THE PERIOD ENDED 31 MARCH 2009



1-GREATLIFE LIMITED **REGISTERED NUMBER: 06479215**

ABBREVIATED BALANCE SHEET **AS AT 31 MARCH 2009**

		2009		
	Note	£		£
CURRENT ASSETS				
Debtors		56,120		
Cash at bank		89,171		
		145,291		
CREDITORS: amounts falling due within one year		(105,655)		
NET CURRENT ASSETS				39,636
TOTAL ASSETS LESS CURRENT LIABILITIES			£	39,636
CAPITAL AND RESERVES				<u>,</u>
Called up share capital	2			6
Profit and loss account				39,630
SHAREHOLDERS' FUNDS			£	39,636

The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 249A(1) of the Companies Act 1985 ("the Act") and members have not required the company to obtain an audit for the period in question in accordance with section 249B(2) of the Act. The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2009 and of its profit for the period then ended in accordance with the requirements of section 226 of the Act and which otherwise comply with the requirements of the Companies Act 1985 relating to the financial statements so far as applicable to the company.

The abbreviated accounts, which have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 applicable to small companies, were approved and authorised for issue by the board and were signed on its behalf on 28/10/09

Mrs G Jupp

Director

Dr R Colby

R.Coll

The notes on page 2 form part of these financial statements.

1-GREATLIFE LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE PERIOD ENDED 31 MARCH 2009

1. ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

1.2 Cash flow

The financial statements do not include a Cash flow statement because the company, as a small reporting entity, is exempt from the requirement to prepare such a statement under the Financial Reporting Standard for Smaller Entities (effective January 2007).

1.3 Turnover

Turnover comprises revenue recognised by the company in respect of goods and services supplied, exclusive of value added tax and trade discounts.

2. SHARE CAPITAL

		2009 £		
Authorised				
100 Ordinary shares of £1 each	£	100		
	_			
Allotted, called up and fully paid				
6 Ordinary shares of £1 each	£	6		
	-			

During the period the company issued 6 Ordinary shares of £1 each at par.

3. RELATED PARTY TRANSACTIONS

At the period end the company owed £1,925 to C K Academy Limited, a company of which Mrs G Jupp is the director.