

AMENDED

363a

Please complete in typescript, or in  
bold black capitals.

## Annual Return

CHFP000

Company number

06479215

Company name in full

1 - GREATLIFE LIMITED

## Date of this return

The information in this return is made up to

Day	Month	Year
2	1	0
1	2	0
0	0	9

## Date of next return

If you wish to make your next return to a date  
earlier than the anniversary of this return  
please show that date here. Companies  
House will then send a form at the  
appropriate time.

Day	Month	Year

## Registered Office

Show here the address at the date of  
this return

CLUB KINGSWOOD

CLAYHILL LANE, KINGSWOOD

Any change of  
registered office  
must be notified  
on form 287

Post town

BASILDON

County/Region

ESSEX

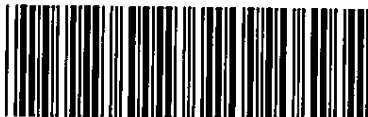
UK Postcode

S S 1 6 5 J P

## Principal business activities

Show trade classification code number(s) for

8514



\*AP4P79S0\*

A11 12/05/2009 275

COMPANIES HOUSE

\*AXPUS9E5\*

A58 28/04/2009 50

COMPANIES HOUSE

COMPANIES HOUSE

Lifestyle modification programming  
in healthcare for the NHS.

When you have completed and signed the form please send it to the

Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

for companies registered in England or Wales

or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

For companies registered in Scotland

DX 33050 Cardiff

DX ED235 Edinburgh 1  
or LP-4 Edinburgh 2

07/08

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**Register of members**

If the register of members is not kept at the registered office, state here where it is kept

Post town

County/Region

UK Postcode

| | | | | | |

**Register of Debenture holders**

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state here where it is kept

Post town

County/Region

UK Postcode

| | | | | | |

**Company type**

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

<input type="checkbox"/>
<input checked="" type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

Please tick the appropriate box

**Company Secretary**

Details of a new company secretary must be notified on form 288a

\* Voluntary details  
(Please photocopy this area to provide details of joint secretaries).

Name \*Style/Title MS

Forename(s) NICHOLA

Surname CURRAN

Address †† 6 CROUCHMAN CLOSE

Post town GRAYS

County/Region ESSEX

UK Postcode R M I 6 12 Q X

Country ENGLAND

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

If a partnership, give the names and addresses of the partners or the name of the partnership and office address

**Directors**

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

\* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name \*Style/Title

DR

Day

Month

Year

Date of birth 0 9 / 0 5 / 1 9 4 4

Forename(s) ROBERT

Surname COLBY

Address †† 63 SWALLOW DALE

KINGSDOWN

Post town BASILDON

County/Region ESSEX

UK Postcode S S 1 6 5 J 9

Country ENGLAND

Nationality BRITISH

Business occupation G.P.

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐**Directors**

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

\* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name \*Style/Title

MRS

Day

Month

Year

Date of birth 2 5 / 0 9 / 1 9 5 9

Forename(s) GEORGINA

Surname JOPP

Address †† HOLLIES MOUNT BOVERS LANE

Post town HAWK WELL

County/Region ESSEX

UK Postcode S S 5 4 J F

Country ENGLAND

Nationality BRITISH

Business occupation DIRECTOR

†† Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

☐

**Issue share capital**

Enter details of all the shares in issue at the date of this return

Class (e.g.  
Ordinary/Preference)

Number of shares  
issued

Aggregate Nominal  
Value

(i.e. Number of shares  
issued multiplied by  
nominal value per share, or  
total amount of stock)

ORDINARY	6	£6
Totals	6	£6

**Traded public companies**

A traded public company means a company any of whose shares are shares admitted to trading on a regulated market

Please tick this box if your company was a traded public company at any time during the period of this return

☐**List of past and present shareholders**

(use attached schedule where appropriate)

Private or non-traded public companies are required to provide a "full list" if one was not included with either of the last two returns.

Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns.

Please tick the appropriate box below:

On paper

In another  
format

A full list of shareholders for a private or non-traded public company is enclosed. Please complete Schedule A.

☒☐

A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Schedule B.

☐☐

A list containing shareholder changes is enclosed

☐☐

→ For private or non-traded public companies, please complete Schedule A


→ For traded public companies, please complete Schedule B

There were no shareholder changes in this period

☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief

Signed

x  x  
(director secretary)

Date

7.4.05

\* Please delete as appropriate

When you have signed the return, send it with the fee to the Registrar of Companies. Make cheques payable to Companies House.

This return includes

☐

continuation sheets

(enter number)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

PALMERS SOLICITORS  
19 TOWN SQUARE, BASILDON, ESSEX  
SS14 1BD REF: MBP-JK-1-GREATLIFE  
DX number 53002 DX exchange BASILDON

**Directors**

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

\* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name \*Style/Title \_\_\_\_\_

Day Month Year

Date of birth   /   /   

Forename(s) \_\_\_\_\_

Surname \_\_\_\_\_

Address ☐ ☐ \_\_\_\_\_

Post town \_\_\_\_\_

County/Region \_\_\_\_\_

UK Postcode       

Country \_\_\_\_\_

Nationality \_\_\_\_\_

Business occupation \_\_\_\_\_

**Directors**

Please list the directors in alphabetical order

Details of new directors must be notified on form 288a

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In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Name \*Style/Title \_\_\_\_\_

Day Month Year

Date of birth   /   /   

Forename(s) \_\_\_\_\_

Surname \_\_\_\_\_

Address ☐ ☐ \_\_\_\_\_

Post town \_\_\_\_\_

County/Region \_\_\_\_\_

UK Postcode       

Country \_\_\_\_\_

Nationality \_\_\_\_\_

Business occupation \_\_\_\_\_

☐ Tick the box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

**Directors**

Please list the directors in alphabetical order

\* Voluntary details

In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name

Details of new directors must be notified on form 288a

Name	*Style/Title						
		Day		Month		Year	
Date of birth							
Forename(s)							
Surname							
Address ††							
<input type="checkbox"/>							
Post town							
County/Region							
UK Postcode							
Country							
Nationality							
Business occupation							

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**Directors**

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Details of new directors must be notified on form 288a

Name	*Style/Title						
		Day		Month		Year	
Date of birth							
Forename(s)							
Surname							
Address ††							
<input type="checkbox"/>							
Post town							
County/Region							
UK Postcode							
Country							
Nationality							
Business occupation							

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**Schedule A**

**for private or non-traded public companies**

**List of past and present shareholders**

Company number	06479215
Company name in full	1 - GREAT LIFE LIMITED

- Changes to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all company shareholders on:
  - The company's first annual return following incorporation
  - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

[illegible]

## List of past and present shareholders

$$r$$
[illegible]



This must only be completed by companies that have traded on a regulated market and must show the details of shareholders who held at least 5% of the issued shares of any class of the company at any time during the period

**Schedule B**  
**for traded public companies**  
**List of past and present shareholders**

Company number

Company name in full

- Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a list of all company shareholders who held at least 5% of the issued shares of any class of the company on:
  - The company's first annual return following incorporation
  - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

Shareholder's name and address	Class and number of shares or amount of stock held	Shares or amount of stock transferred (if appropriate)	
		Class and number of shares or amount of stock transferred	Date of registration of transfer
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			

**Schedule B**  
**for traded public companies**  
 (continuation sheet)  
**List of past and present shareholders**

Company number \_\_\_\_\_

Shareholder's name and address	Class and number of shares or amount of stock held	Shares or amount of stock transferred (if appropriate) Class and number of shares or amount of stock transferred	Date of registration of transfer
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			
Name ----- Address ----- ----- ----- UK Postcode L L L L L L L L			