Registered Number 06464378

ABSOLUTE CONSULT LTD

Abbreviated Accounts

31 January 2016

Abbreviated Balance Sheet as at 31 January 2016

	Notes	2016	2015
		£	£
Fixed assets			
Tangible assets	2	1,646	1,895
		1,646	1,895
Current assets			
Debtors		_	6,001
Cash at bank and in hand		95,827	74,613
		95,827	80,614
Creditors: amounts falling due within one year		(65,858)	(24,012)
Net current assets (liabilities)		29,969	56,602
Total assets less current liabilities		31,615	58,497
Provisions for liabilities		(312)	(358)
Total net assets (liabilities)		31,303	58,139
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		31,203	58,039
Shareholders' funds		31,303	58,139

- For the year ending 31 January 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 16 October 2016

And signed on their behalf by:

J McGrath, Director

Notes to the Abbreviated Accounts for the period ended 31 January 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents the total invoice value, excluding value added tax, of services provided during the year and derives from the provision of services falling within the company's ordinary activities.

Tangible assets depreciation policy

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment - 25% reducing-balance

Other accounting policies

Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

The regular cost of providing retirement pensions and related benefits is charged to the profit and loss account over the employees' service lives on the basis of a constant percentage of earnings.

2 Tangible fixed assets

	£
Cost	
At 1 February 2015	9,547
Additions	300
Disposals	-
Revaluations	-
Transfers	-
At 31 January 2016	9,847
Depreciation	
At I February 2015	7,652
Charge for the year	549
On disposals	-
At 31 January 2016	8,201
Net book values	
At 31 January 2016	1,646
At 31 January 2015	1,895

3 Called Up Share Capital

Allotted, called up and fully paid:

	2016	2015
	£	£
100 Ordinary shares of £1 each	100	100

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