



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **TRAINFORLIFE LIMITED**

Company Number: **06458319**

Date of this return: **20/12/2010**

SIC codes: **7320**
8042

Company Type: **Private company limited by shares**

Situation of Registered Office: **59 HIGH ROAD**
NORTH WEALD
ESSEX
CM16 6HP

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MARTIN**

Surname: **WALKER**

Former names:

Service Address: **59 HIGH ROAD
NORTH WEALD
ESSEX
CM16 6HP**

Company Director ***1***

Type: **Person**
Full forename(s): **MS SUSAN**

Surname: **GARNETT**

Former names:

Service Address: **59 HIGH ROAD
NORTH WEALD
ESSEX
CM16 6HP**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **13/01/1955** *Nationality:* **BRITISH**
Occupation: **RESEARCH ANALYST**

Statement of Capital (Share Capital)

| | | | |
|-------------------------------|-----------------|--------------------------------|------------|
| Class of shares | ORDINARY | <i>Number allotted</i> | 100 |
| | | <i>Aggregate nominal value</i> | 100 |
| <i>Currency</i> | GBP | <i>Amount paid per share</i> | 1 |
| | | <i>Amount unpaid per share</i> | 0 |
| <i>Prescribed particulars</i> | | | |
| NOT APPLICABLE | | | |

Statement of Capital (Totals)

| | | | |
|-----------------|------------|--------------------------------------|------------|
| <i>Currency</i> | GBP | <i>Total number of shares</i> | 100 |
| | | <i>Total aggregate nominal value</i> | 100 |

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 20/12/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 100 ORDINARY shares held as at 2010-12-20
Name: SUSAN GARNETT

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.