

Registered Number 06420520

FITNESS CENTRE LIMITED

Abbreviated Accounts

31 December 2014

Abbreviated Balance Sheet as at 31 December 2014

	<i>Notes</i>	<i>2014</i>	<i>2013</i>
		<i>£</i>	<i>£</i>
Fixed assets			
Tangible assets	2	669	1,136
		<u>669</u>	<u>1,136</u>
Current assets			
Debtors		28,193	26,862
Cash at bank and in hand		-	1
		<u>28,193</u>	<u>26,863</u>
Creditors: amounts falling due within one year		<u>(26,769)</u>	<u>(24,170)</u>
Net current assets (liabilities)		<u>1,424</u>	<u>2,693</u>
Total assets less current liabilities		<u>2,093</u>	<u>3,829</u>
Total net assets (liabilities)		<u>2,093</u>	<u>3,829</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		1,993	3,729
Shareholders' funds		<u>2,093</u>	<u>3,829</u>

- For the year ending 31 December 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 16 September 2015

And signed on their behalf by:

R Strawn, Director

Notes to the Abbreviated Accounts for the period ended 31 December 2014

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents gross invoiced sales of service, including value added tax as the company operates under the flat rate VAT scheme.

Tangible assets depreciation policy

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment - 33% on cost

2 Tangible fixed assets

	£
Cost	
At 1 January 2014	2,438
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 December 2014	<u>2,438</u>
Depreciation	
At 1 January 2014	1,302
Charge for the year	467
On disposals	-
At 31 December 2014	<u>1,769</u>
Net book values	
At 31 December 2014	<u><u>669</u></u>
At 31 December 2013	<u><u>1,136</u></u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	2014	2013
	£	£
100 Ordinary shares of £1 each	100	100

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