

**Registered Number 06420520**

**FITNESS CENTRE LIMITED**

**Abbreviated Accounts**

**31 December 2013**

## Abbreviated Balance Sheet as at 31 December 2013

	Notes	2013 £	2012 £
<b>Fixed assets</b>			
Tangible assets	2	1,136	1,056
		<u>1,136</u>	<u>1,056</u>
<b>Current assets</b>			
Debtors		26,862	23,771
Cash at bank and in hand		1	-
		<u>26,863</u>	<u>23,771</u>
<b>Creditors: amounts falling due within one year</b>		(24,170)	(21,067)
<b>Net current assets (liabilities)</b>		<u>2,693</u>	<u>2,704</u>
<b>Total assets less current liabilities</b>		<u>3,829</u>	<u>3,760</u>
<b>Creditors: amounts falling due after more than one year</b>		-	(2,167)
<b>Total net assets (liabilities)</b>		<u><u>3,829</u></u>	<u><u>1,593</u></u>
<b>Capital and reserves</b>			
Called up share capital	3	100	100
Profit and loss account		3,729	1,493
<b>Shareholders' funds</b>		<u><u>3,829</u></u>	<u><u>1,593</u></u>

- For the year ending 31 December 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 9 September 2014

And signed on their behalf by:

**R Strawn, Director**

## Notes to the Abbreviated Accounts for the period ended 31 December 2013

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Turnover represents gross invoiced sales of service, including value added tax as the company operates under the flat rate VAT scheme.

**Tangible assets depreciation policy**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 33% on cost

## 2 Tangible fixed assets

	£
<b>Cost</b>	
At 1 January 2013	1,969
Additions	469
Disposals	-
Revaluations	-
Transfers	-
At 31 December 2013	<u>2,438</u>
<b>Depreciation</b>	
At 1 January 2013	913
Charge for the year	389
On disposals	-
At 31 December 2013	<u>1,302</u>
<b>Net book values</b>	
At 31 December 2013	<u><u>1,136</u></u>
At 31 December 2012	<u><u>1,056</u></u>

## 3 Called Up Share Capital

Allotted, called up and fully paid:

	2013	2012
	£	£
100 Ordinary shares of £1 each	100	100

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