Registered Number 06420520

FITNESS CENTRE LIMITED

Abbreviated Accounts

31 December 2012

Abbreviated Balance Sheet as at 31 December 2012

	Notes	2012	2011
		£	£
Fixed assets			
Tangible assets	2	1,056	2
		1,056	2
Current assets			
Debtors		23,771	19,550
		23,771	19,550
Creditors: amounts falling due within one year		(21,067)	(18,424)
Net current assets (liabilities)		2,704	1,126
Total assets less current liabilities		3,760	1,128
Creditors: amounts falling due after more than one year		(2,167)	-
Total net assets (liabilities)		1,593	1,128
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		1,493	1,028
Shareholders' funds		1,593	1,128

- For the year ending 31 December 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 17 September 2013

And signed on their behalf by:

R Strawn, Director

Notes to the Abbreviated Accounts for the period ended 31 December 2012

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

Turnover policy

Turnover represents net invoiced sales of services, excluding VAT.

Tangible assets depreciation policy

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 33% on cost

2 Tangible fixed assets

Cost 751 Additions 1,468 Disposals (250) Revaluations - Transfers - At 31 December 2012 1,969 Depreciation 749 Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values 1,056 At 31 December 2011 2		£
Additions 1,468 Disposals (250) Revaluations - Transfers - At 31 December 2012 1,969 Depreciation - At 1 January 2012 749 Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values - At 31 December 2012 1,056	Cost	
Disposals (250) Revaluations - Transfers - At 31 December 2012 1,969 Depreciation - At 1 January 2012 749 Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values - At 31 December 2012 1,056	At 1 January 2012	751
Revaluations - Transfers - At 31 December 2012 1,969 Depreciation At 1 January 2012 749 Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values At 31 December 2012 1,056	Additions	1,468
Transfers - At 31 December 2012 1,969 Depreciation At 1 January 2012 749 Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values At 31 December 2012 1,056	Disposals	(250)
At 31 December 2012 1,969 Depreciation At 1 January 2012 749 Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values At 31 December 2012 1,056	Revaluations	-
Depreciation 749 At 1 January 2012 749 Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values 1,056 At 31 December 2012 1,056	Transfers	
At 1 January 2012 749 Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values At 31 December 2012 1,056	At 31 December 2012	1,969
Charge for the year 413 On disposals (249) At 31 December 2012 913 Net book values 1,056 At 31 December 2012 1,056	Depreciation	
On disposals (249) At 31 December 2012 913 Net book values At 31 December 2012 1,056	At 1 January 2012	749
At 31 December 2012 913 Net book values At 31 December 2012 1,056	Charge for the year	413
Net book values At 31 December 2012 1,056	On disposals	(249)
At 31 December 2012 1,056	At 31 December 2012	913
	Net book values	
At 31 December 2011 2	At 31 December 2012	1,056
	At 31 December 2011	2

3 Called Up Share Capital

Allotted, called up and fully paid:

	2012	2011
	£	£
100 Ordinary shares of £1 each	100	100

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.