Registered Number 06417315

A & R Limited

Abbreviated Accounts

31 March 2010

Company Information

Registered Office:

Spa Medical Centre Snowberry Lane Melksham Wiltshire SN12 6UN

Reporting Accountants:

Bowen Accountants Ltd Chartered Accountants Griffon House Seagry Heath Great Somerford Wiltshire SN15 5EN

Balance Sheet as at 31 March 2010

	Notes	2010 £	£	2008 £	£
Fixed assets Intangible	2		966,240		1,019,920
Tangible	3		124,159		90,625
			1,090,399	•	1,110,545
Current assets Stocks		22,220		0	
Debtors		15,250		27,642	
Cash at bank and in hand		66,070		90,724	
Total current assets		103,540		118,366	
Creditors: amounts falling due within one year		(883,377)		(1,027,029)	
Net current assets (liabilities)			(779,837)		(908,663)
Total assets less current liabilities			310,562	•	201,882
Creditors: amounts falling due after more than one year			0		(2,463)
Provisions for liabilities			(18,138)		(9,790)
Total net assets (liabilities)			292,424		189,629
Capital and reserves					
Called up share capital Profit and loss account	4		100 292,324		100 189,529
i font and loss account			232,324		103,023
Shareholders funds			292,424	-	189,629

- a. For the year ending 31 March 2010 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 16 September 2010

And signed on their behalf by: Dr R Gabriel, Director Mrs A Gabriel, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the Abbreviated Accounts

Registered Number 06417315

For the year ending 31 March 2010

1 Accounting policies

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover comprises total invoiced value of services supplied by the company during the year including all work which has been completed and not invoiced.

Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 2007, is being amortised evenly over its estimated useful life of twenty years.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to the profit and loss account in the period to which they relate.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

c

Plant and machinery 20% on reducing balance
Office equipment 20% on reducing balance

2 Intangible fixed assets

Cost or valuation

Cost of valuation	L
At 01 January 2009	1,073,600
At 31 March 2010	1,073,600
Amortisation	
At 01 January 2009	53,680
Charge for year	53,680

At 31 March 2010	107,360		
Net Book Value			
At 31 March 2010	966,240		
At 31 December 2008	1,019,920		
3 Tangible fixed assets			
			Total
Cost			£
At 01 January 2009			113,282
Additions			_ 57,663
At 31 March 2010			<u>170,945</u>
Depreciation			
At 01 January 2009			22,657
Charge for year			24,129
At 31 March 2010			46,786
Net Book Value			
At 31 March 2010			124,159
At 31 December 2008			90,625
Chara canital			
4 Share capital			
		2010	2008
		£	£
Allotted, called up and fully paid:			
50 'A' Ordinary shares of £1 each		50	50
50 'B' Ordinary shares of £1 each		50	50