

**BODY & MIND THERAPY CENTRE LTD**

**Company Registration Number:  
06374578 (England and Wales)**

**Unaudited abridged accounts for the year ended 05 April 2018**

**Period of accounts**

**Start date: 06 April 2017**

**End date: 05 April 2018**

# **BODY & MIND THERAPY CENTRE LTD**

## **Contents of the Financial Statements**

**for the Period Ended 05 April 2018**

Balance sheet

Notes

# BODY & MIND THERAPY CENTRE LTD

## Balance sheet

As at 05 April 2018

|   | <i>Notes</i> | <i>2018</i>            | <i>2017</i>     |
|---|--------------|------------------------|-----------------|
|   |              | <b>£</b>               | <b>£</b>        |
| <b>Fixed assets</b>                             |              |                        |                 |
| Intangible assets:                              | 3            | <b>35,000</b>          | 35,000          |
| Tangible assets:                                | 4            | <b>4,296</b>           | 4,296           |
| <b>Total fixed assets:</b>                      |              | <u><b>39,296</b></u>   | <u>39,296</u>   |
| <b>Current assets</b>                           |              |                        |                 |
| Cash at bank and in hand:                       |              | <b>977</b>             | 1,380           |
| <b>Total current assets:</b>                    |              | <u><b>977</b></u>      | <u>1,380</u>    |
| Creditors: amounts falling due within one year: | 5            | <b>(38,721)</b>        | (42,333)        |
| <b>Net current assets (liabilities):</b>        |              | <u><b>(37,744)</b></u> | <u>(40,953)</u> |
| Total assets less current liabilities:          |              | <b>1,552</b>           | (1,657)         |
| <b>Total net assets (liabilities):</b>          |              | <u><b>1,552</b></u>    | <u>(1,657)</u>  |
| <b>Capital and reserves</b>                     |              |                        |                 |
| Called up share capital:                        |              | <b>2</b>               | 1               |
| Profit and loss account:                        |              | <b>1,550</b>           | (1,658)         |
| <b>Shareholders funds:</b>                      |              | <u><b>1,552</b></u>    | <u>(1,657)</u>  |

The notes form part of these financial statements

## **BODY & MIND THERAPY CENTRE LTD**

### **Balance sheet statements**

For the year ending 5 April 2018 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen to not file a copy of the company's profit & loss account.

**This report was approved by the board of directors on 15 August 2018  
and signed on behalf of the board by:**

Name: Miss H Stopford  
Status: Director

The notes form part of these financial statements

# **BODY & MIND THERAPY CENTRE LTD**

## **Notes to the Financial Statements**

**for the Period Ended 05 April 2018**

### **1. Accounting policies**

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

# **BODY & MIND THERAPY CENTRE LTD**

## **Notes to the Financial Statements**

**for the Period Ended 05 April 2018**

### **2. Employees**

|   | <i>2018</i> | <i>2017</i> |
|---|-------------|-------------|
| Average number of employees during the period | 5           | 5           |

# BODY & MIND THERAPY CENTRE LTD

## Notes to the Financial Statements

for the Period Ended 05 April 2018

### 3. Intangible Assets

|                       | Total         |
|-----------------------|---------------|
| <b>Cost</b>           | £             |
| At 06 April 2017      | 35,000        |
| At 05 April 2018      | <u>35,000</u> |
| <b>Net book value</b> |               |
| At 05 April 2018      | <u>35,000</u> |
| At 05 April 2017      | <u>35,000</u> |

# BODY & MIND THERAPY CENTRE LTD

## Notes to the Financial Statements for the Period Ended 05 April 2018

### 4. Tangible Assets

|                       | Total        |
|-----------------------|--------------|
| <b>Cost</b>           | £            |
| At 06 April 2017      | 6,098        |
| At 05 April 2018      | <u>6,098</u> |
| <b>Depreciation</b>   |              |
| At 06 April 2017      | 1,802        |
| At 05 April 2018      | <u>1,802</u> |
| <b>Net book value</b> |              |
| At 05 April 2018      | <u>4,296</u> |
| At 05 April 2017      | <u>4,296</u> |



# **BODY & MIND THERAPY CENTRE LTD**

## **Notes to the Financial Statements**

**for the Period Ended 05 April 2018**

### **5. Creditors: amounts falling due within one year note**

Bank loans and overdrafts £9,653 Taxation and social security £151 Other creditors £28,917 Total £38,721

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.