Registered Number 06374578

BODY & MIND THERAPY CENTRE LTD

Abbreviated Accounts

30 September 2013

BODY & MIND THERAPY CENTRE LTD — Registered Number 06374578

Balance Sheet as at 30 September 2013

	Notes	2013		2012	
		£	£	£	£
Fixed assets					
Intangible	2		35,000		35,000
Tangible	3		3,860		3,040
			38,860		38,040
Current assets					
Cash at bank and in hand		67		666	
Total current assets		67		666	
Creditors: amounts falling due within one year		(41,702)		(48,210)	
Net current assets (liabilities)			(41,635)		(47,544)
Total assets less current liabilities			(2,775)		(9,504)
Total net assets (liabilities)			(2,775)		(9,504)
Capital and reserves					
Called up share capital	4		1		1
Profit and loss account			(2,776)		(9,505)

Shareholders funds	(2,775)	(9,504)

a. For the year ending 30 September 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 16 June 2014

And signed on their behalf by:
HAZEL STOPFORD, Director

Notes to the Abbreviated Accounts

For the year ending 30 September 2013

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land & Buildings	10% straight line
Furniture	20% straight line
Computer Equipment	20% straight line
Other	10% straight line

2 **Intangible fixed assets**

Cost or valuation	**£**
At 01 October 2012	35,000
At 30 September 2013	35,000
Amortisation	
At 01 October 2012	0
Charge for year	0
At 30 September 2013	0
Net Book Value	
At 30 September 2013	35,000
At 30 September 2012	35,000

3 **Tangible fixed assets**

	Plant & Machinery	**Total**
Cost	**£**	**£**
At 01 October 2012	4,842	4,842
Additions	820	820
Disposals	0	0
At 30 September 2013	5,662	5,662

Depreciation		
At 01 October 2012	1,802	1,802
Charge for year	0	0
On disposals	0	0
At 30 September 2013	1,802	1,802
Net Book Value		
At 30 September 2013	3,860	3,860
At 30 September 2012	3,040	3,040

4 **Share capital**

	2013	2012
	£	£
Authorised share capital:		
1000 Ordinary shares of £1 each	1,000	1,000
Allotted, called up and fully paid:		
1 Ordinary shares of £1 each	1	1