

Registered Number 06374578

BODY & MIND THERAPY CENTRE LTD

Abbreviated Accounts

30 September 2012

Balance Sheet as at 30 September 2012

| | Notes | 2012 £ | 2011 £ |
|---|-------|----------------|----------------|
| Fixed assets | | | |
| Intangible | 2 | 35,000 | 35,000 |
| Tangible | 3 | 4,642 | 4,642 |
| | | <u>39,642</u> | <u>39,642</u> |
| Current assets | | | |
| Cash at bank and in hand | | 666 | 1,211 |
| Total current assets | | <u>666</u> | <u>1,211</u> |
| Creditors: amounts falling due within one year | | (48,210) | (50,530) |
| Net current assets (liabilities) | | (47,544) | (49,319) |
| Total assets less current liabilities | | <u>(7,902)</u> | <u>(9,677)</u> |
| Total net assets (liabilities) | | <u>(7,902)</u> | <u>(9,677)</u> |
| Capital and reserves | | | |
| Called up share capital | 4 | 1 | 1 |
| Profit and loss account | | (7,903) | (9,678) |

Shareholders funds

(7,902)

(9,677)

- a. For the year ending 30 September 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 28 June 2013

And signed on their behalf by:

HAZEL STOPFORD, Director

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Notes to the Abbreviated Accounts

For the year ending 30 September 2012

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

| | |
|--------------------|-------------------|
| Land & Buildings | 10% straight line |
| Furniture | 20% straight line |
| Computer Equipment | 20% straight line |
| Other | 10% straight line |

2 **Intangible fixed assets**

| Cost or valuation | £ |
|--------------------------|---------------|
| At 01 October 2011 | 35,000 |
| At 30 September 2012 | <u>35,000</u> |

Amortisation

| | |
|----------------------|----------|
| At 01 October 2011 | 0 |
| Charge for year | <u>0</u> |
| At 30 September 2012 | <u>0</u> |

Net Book Value

| | |
|----------------------|---------------|
| At 30 September 2012 | 35,000 |
| At 30 September 2011 | <u>35,000</u> |

3 **Tangible fixed assets**

| | Fixtures & Fittings | Total |
|----------------------|--------------------------------|--------------|
| Cost | £ | £ |
| At 01 October 2011 | 4,842 | 4,842 |
| Additions | 0 | 0 |
| Disposals | <u>0</u> | <u>0</u> |
| At 30 September 2012 | <u>4,842</u> | <u>4,842</u> |

Depreciation

| | | |
|----------------------|------------|------------|
| At 01 October 2011 | 200 | 200 |
| Charge for year | 0 | 0 |
| On disposals | 0 | 0 |
| At 30 September 2012 | <u>200</u> | <u>200</u> |

Net Book Value

| | | |
|----------------------|--------------|--------------|
| At 30 September 2012 | 4,642 | 4,642 |
| At 30 September 2011 | <u>4,642</u> | <u>4,642</u> |

4 **Share capital**

| | 2012 | 2011 |
|--|-------------|-------------|
| | £ | £ |
| Authorised share capital: | | |
| 1000 Ordinary shares of £1 each | 1,000 | 1,000 |
| Allotted, called up and fully paid: | | |
| 1 Ordinary shares of £1 each | 1 | 1 |