

Registered Number 06374578

BODY & MIND THERAPY CENTRE LTD

Abbreviated Accounts

30 September 2011

BODY & MIND THERAPY CENTRE LTD
Registered Number 06374578
Balance Sheet as at 30 September 2011

	Notes	2011 £	2010 £
Fixed assets			
Intangible	2	35,000	35,000
Tangible	3	2,200	2,400
		<u>37,200</u>	<u>37,400</u>
Current assets			
Cash at bank and in hand		1,211	244
Total current assets		<u>1,211</u>	<u>244</u>
Creditors: amounts falling due within one year		(37,068)	(42,635)
Net current assets (liabilities)		(35,857)	(42,391)
Total assets less current liabilities		<u>1,343</u>	<u>(4,991)</u>
Total net assets (liabilities)		<u>1,343</u>	<u>(4,991)</u>
Capital and reserves			
Called up share capital	4	1	1
Profit and loss account		1,342	(4,992)
Shareholders funds		<u>1,343</u>	<u>(4,991)</u>

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- a. For the year ending 30 September 2011 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
 - b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
 - c. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
 - d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 27 June 2012

And signed on their behalf by:

HAZEL STOPFORD, Director

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Notes to the Abbreviated Accounts

For the year ending 30 September 2011

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Land & Buildings	10% straight line
Furniture	20% straight line
Computer Equipment	20% straight line
Other	10% straight line

2 Intangible fixed assets

Cost or valuation	£
At 01 October 2010	35,000
At 30 September 2011	<u>35,000</u>

Amortisation

At 01 October 2010	0
Charge for year	<u>0</u>
At 30 September 2011	<u>0</u>

Net Book Value

At 30 September 2011	35,000
At 30 September 2010	<u>35,000</u>

3 Tangible fixed assets

	Fixtures & Fittings	Total
Cost	£	£
At 01 October 2010	4,044	4,044
Additions	0	0
Disposals	<u>0</u>	<u>0</u>
At 30 September 2011	<u>4,044</u>	<u>4,044</u>
Depreciation		
At 01 October 2010	1,644	1,644
Charge for year	200	200
On disposals	<u>0</u>	<u>0</u>
At 30 September 2011	<u>1,844</u>	<u>1,844</u>

Net Book Value

At 30 September 2011

At 30 September 2010

-	_____	_____
	2,200	2,200
-	<u>2,400</u>	<u>2,400</u>

4 **Share capital**

2011	2010
£	£

Authorised share capital:

1000 Ordinary shares of £1
each

1,000	1,000
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**Allotted, called up and fully
paid:**

1 Ordinary shares of £1 each

1	1
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