

363a (ef)

Annual Return



Received for filing in Electronic Format on the: 24/09/2009

Company Name: BODY & MIND THERAPY CENTRE LTD

Company Number: 06374578

Company Details

Period Ending: 18/09/2009

Company Type: PRIVATE COMPANY LIMITED BY SHARES

Pricipal Business Activities:

SIC codes:

7487

Registered Office Address:

Register of Members Address: Register of Debenture Holders Address:

16 ARUNDAL STREET MOSSLEY OL5 0LS

Details of Officers of the Company

Director 1:

Name: HAZEL STOPFORD Address: 16 ARUNDEL STREET

MOSSLEY LANCASHIRE OL5 0LS

Date of Birth: 07/03/1963 Nationality: British Occupation: COMPANY DIRECTOR

Share Capital

Issued Share Capital Details:

Class of Share Number of Aggregate Nominal value

Shares issued of issued Shares

ORDINARY 1 GBP1.000

TOTALS

1 GBP1.000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 18/09/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

1 ORDINARY Shares held as at 18/09/2009

Name: HAZEL STOPFORD

Address:

Authorisation

Authoriser Designation: director	Date Authorised: 24/09/2009	Authenticated: Yes (E/W)