



Companies House
— for the record —

AR01 (ef)

Annual Return



XROVSXLH

Received for filing in Electronic Format on the: **16/09/2011**

Company Name: **SPINAL AND NATURAL HEALTHCARE CENTRE LTD**

Company Number: **06361175**

Date of this return: **05/09/2011**

SIC codes: **8514**

Company Type: **Private company limited by shares**

Situation of Registered Office: **81 MAIN ROAD
HOCKLEY
ESSEX
SS5 4RG**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MRS HEIDI**

Surname: **HAYES**

Former names:

Service Address: **24 ALBERT ROAD
RAYLEIGH
ESSEX
SS6 8HN**

Company Director 1

Type: **Person**
Full forename(s): **MR STUART**

Surname: **LAWRENCE**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **20/12/1975** Nationality: **BRITISH**
Occupation: **CHIROPRACTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	99
		<i>Aggregate nominal value</i>	99
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

FULL VOTING RIGHTS AND RIGHTS TO PARTICIPATE IN EQUALLY IN CAPITAL DISTRIBUTIONS, SAVE THAT REVENUE DISTRIBUTIONS MAY BE DECLARED SEPARATELY ON THIS CLASS OF SHARE.

Class of shares	ORDINARY A	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

FULL VOTING RIGHTS AND RIGHTS TO PARTICIPATE IN EQUALLY IN CAPITAL DISTRIBUTIONS, SAVE THAT REVENUE DISTRIBUTIONS MAY BE DECLARED SEPARATELY ON THIS CLASS OF SHARE.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 05/09/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 99 ORDINARY shares held as at 2011-09-05
Name: STUART LAWRENCE

Shareholding 2 : 1 ORDINARY A shares held as at 2011-09-05
Name: EMMA LYUS

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.