

**ABBREVIATED FINANCIAL STATEMENTS**

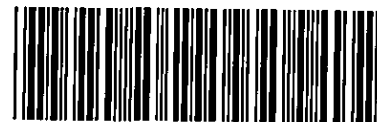
**FOR THE PERIOD ENDED 31st March 2009**

**FOR**

**Body Active Clinics Benfleet Ltd**

**COMPANY NO: 6361175**

FRIDAY



\*A5T0EAUQ\*

A45

19/06/2009

64

COMPANIES HOUSE

**INDEX TO THE FINANCIAL STATEMENTS**

	<b>PAGE</b>
<b>COMPANY INFORMATION</b>	<b>1</b>
<b>DIRECTORS REPORT (not in Abbreviated Accounts)</b>	<b>2</b>
<b>BALANCE SHEET</b>	<b>3</b>
<b>NOTES TO THE FINANCIAL STATEMENTS</b>	<b>4</b>
<b>NOTE FROM THE ACCOUNTANTS</b>	<b>7</b>
<b>PROFIT AND LOSS ACCOUNT (not in Abbreviated Accounts)</b>	<b>8</b>

**COMPANY INFORMATION**

**DIRECTOR:** **Dr S Lawrence**

**SECRETARY:** **Mrs H Hayes**

**REGISTERED OFFICE:**  
**81 Mani Road**  
**Hockley**  
**Essex**  
**SS5 4RG**

**REGISTERED NUMBER:** **6361175**

**ACCOUNTANTS:** **Capsa Accounting Ltd**  
**2 The Moorings**  
**Conyer**  
**Sittingbourne**  
**Kent**  
**ME9 9HQ**

**BALANCE SHEET AS AT**

**31st March 2009**

Item	Notes	2009	2008
<b>FIXED ASSETS</b>			
Intangible Assets	4	£40,554	£329
Tangible Assets	5	<u>£0</u>	<u>£0</u>
		£40,554	£329
<b>CURRENT ASSETS</b>			
Debtors	6	£16,673	£0
<b>CREDITORS</b>			
Amounts falling due within one year	7	<u>-£74,922</u>	<u>-£10,459</u>
<b>NET CURRENT LIABILITIES</b>		-£58,249	-£10,459
<b>CREDITORS</b>			
Amounts falling due after one year		£0	£0
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><u>-£17,695</u></u>	<u><u>-£10,130</u></u>
<b>CAPITAL AND RESERVES</b>			
Called up Share Capital	9	£1	£1
Profit and loss account	10	-£17,696	-£10,131
<b>SHAREHOLDERS' FUNDS</b>		<u><u>-£17,695</u></u>	<u><u>-£10,130</u></u>

The Directors have:

- a) Taken advantage of s249A(1) of the Companies Act 1985 in not having these accounts audited.
- b) Confirmed that no notice has been deposited under s249B(2) of the Companies Act 1985
- c) Acknowledged their responsibilities for ensuring that the company keeps accounting records under s221 of the Companies Act 1985.
- d) Acknowledged their responsibilities for preparing accounts which give a true and fair view of the company and of its profit or loss for the year then ended in accordance with the requirements of s226 and which comply with the requirements of this Act relating to accounts, so far as is applicable to this company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Dr S Lawrence Director

Approved by the Board on 12th May 2009



**NOTES TO THE ACCOUNTS FOR THE YEAR ENDED: 31st March 2009**

**1. ACCOUNTING POLICIES**

**Accounting convention**

These financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

**Turnover**

Turnover represents invoiced sales and the company is exempt from VAT registration

**Intangible Fixed Assets**

There are no intangible assets

**Tangible Fixed Assets**

The policy is to depreciate fixed assets at 25% straight line.

**Deferred Tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the profit and loss account as incurred

**2. OPERATING PROFIT**

The operating profit is stated after charging:

	<b>2009</b>	<b>2008</b>
Depreciation - owned assets	£13,518	£0
Amortisation of Goodwill	£0	£0
Entertaining	£0	£0
Director's Remuneration	£0	£0

**3. TAXATION**

The analysis of the tax charge on the ordinary activities for the year was:

	<b>2009</b>	<b>2008</b>
Corporation Tax on Profits	£9	£0
Deferred Taxation on Capital Allowances	£0	£0
Total Taxation	<u>£9</u>	<u>£0</u>

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED:

31st March 2009

## 4. INTANGIBLE FIXED ASSETS

	Total
<b>COST</b>	
at start of year	£0
Additions	£0
31st March 2009	£0
<b>AMORTISATION</b>	
at start of year	£0
Charge for the year	£0
31st March 2009	£0
<b>NET BOOK VALUE</b>	
31st March 2009	£0
At previous year end	£0

## 5. TANGIBLE FIXED ASSETS

	Land & Buildings	Fixtures & Fittings	Computer Equipment	Vehicles	Plant & Machinery	Leasehold Improved	TOTALS
<b>COST</b>							
at start of year	£0	£0	£0	£0	£0	£329	£329
Additions	£0	£1,893	£2,274	£0	£1,752	£47,824	£53,743
31st March 2009	£0	£1,893	£2,274	£0	£1,752	£48,153	£54,072
<b>DEPRECIATION</b>							
at start of year	£0	£0	£0	£0	£0	£0	£0
Charge for the year	£0	£473	£568	£0	£438	£12,038	£13,518
31st March 2009	£0	£473	£568	£0	£438	£12,038	£13,518
<b>NET BOOK VALUE</b>							
31st March 2009	£0	£1,420	£1,705	£0	£1,314	£36,115	£40,554
At previous year end	£0	£0	£0	£0	£0	£329	£329

## 6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2009	2008
Stock	£0	£0
Trade Receivables	£0	£0
Other Debtors	£307	£0
Directors Current Account	£0	£0
Prepayments	£0	£0
Cash at Bank and in Hand	£16,367	£0
<b>Total Debtors</b>	<b>£16,673</b>	<b>£0</b>

**NOTES TO THE ACCOUNTS FOR THE YEAR ENDED: 31st March 2009**

...continued

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2009	2008
Bank loans and overdrafts	£0	£0
Taxation and social security	-£9	£0
Accruals	£0	£0
Trade Creditors	£0	£0
Other Creditors	-£73,101	-£9,938
Leased equipment	£0	£0
Director's Current Account	-£1,812	-£521
Current portion of Long Term Loans	£0	£0
	<u>-£74,922</u>	<u>-£10,459</u>

**8. OPERATING LEASES**

	2009	2008
Due within one year	£0	£0
Due in two to five years	£0	£0
	<u>£0</u>	<u>£0</u>

**9. CALLED UP SHARE CAPITAL**

		2009	2008
<b>AUTHORISED (2005 &amp; 2004)</b>			
Number:	Class:	Nominal Value:	£ Amount:
		£ Amount:	£ Amount:
1000	Ordinary Shares	£1	£1,000
		£1,000	£1,000
<b>ALLOTTED, ISSUED AND FULLY PAID (2005 &amp; 2004)</b>			
Number:	Class:	Nominal Value:	£ Amount:
		£ Amount:	£ Amount:
100	Ordinary Shares	£1	1
		1	1

**10. RESERVES**

	2009	2008
Retained Profit brought forward	-£10,131	£0
Retained Profit for the year	-£7,565	-£10,131
	<u>-£17,696</u>	<u>-£10,131</u>

**11. RELATED PARTY TRANSACTIONS**

The freehold property rented by the company is owned by Dr Stuart Lawrence the sole director. The funding for the company has been provided by Body Active Chiropractic Clinics Ltd, an associated company, owned by Dr Stuart Lawrence. The amount shown as Other Creditors is owed to Body Active Chiropractic Clinics Ltd.

**NOTE FROM THE ACCOUNTANTS TO THE DIRECTOR OF  
Body Active Clinics Benfleet Ltd**

As described on the balance sheet, you are responsible for the preparation of the financial statements for the year ended 31st March 2009 and you consider the company exempt from an audit.

In accordance with your instructions, we have compiled these un-audited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information supplied to us.



**Signed:**

**Dated:** 12th May 2009

R J Backler FCMA  
Chartered Management Accountant  
For and on behalf of:  
Capsa Accounting Ltd  
2 The Moorings  
Conyer  
Sittingbourne  
Kent  
ME9 9HQ

Tel: 01795 521162  
Fax: 01795 521028