



*Companies House*  
— for the record —

**363a<sup>(ef)</sup>**

**Annual Return**



**XR3VI329**

*Received for filing in Electronic Format on the:* **12/09/2008**

*Company Name:* **ABC SPORT AND WELLBEING LTD.**

*Company Number:* **06345362**

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### *Company Details*

*Period Ending:* **16/08/2008**

*Company Type:* **PRIVATE COMPANY LIMITED BY SHARES**

*Principal Business Activities:*

*SIC codes:*

**7499**

*Registered Office  
Address:*

**11 SANDFIELD ROAD,  
HEADINGTON  
OXFORD  
OXFORDSHIRE  
OX3 7RG**

*Register of  
Members Address:*

**19 BANBURY ROAD  
KIDLINGTON  
OXFORDSHIRE  
UNITED KINGDOM  
OX5 1AQ**

*Register of Debenture  
Holders Address:*

## *Details of Officers of the Company*

*Company Secretary 1:*

*Name:* **DIANE TUCKER**

*Address:* **90 OLD ROAD  
HEADINGTON  
OXFORD  
OXFORDSHIRE  
OX3 8SX**

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*Director 1 :*

*Name:* **PAUL TUCKER**

*Address:* **LOWER MENDIP PULLENS LANE,  
HEADINGTON  
OXFORD  
OXFORDSHIRE  
OX3 0BX**

*Date of Birth:*

**08/04/1976**

*Nationality:*

**British**

*Occupation:*

**PERSONAL TRAINER**

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## *Share Capital*

*Issued Share Capital Details:*

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
<b>ORDINARY</b>	<b>1</b>	<b>GBP1</b>
<i>TOTALS</i>	<b>1</b>	<b>GBP1</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 16/08/2008 or that had ceased to be shareholders since the made up date of the previous Annual Return

*Shareholding 1:*

**1 ORDINARY Shares held as at 16/08/2008**

*Name:*

**PAUL TUCKER**

*Address:*

**LOWER MENDIP PULLENS LANE**

**HEADINGTON**

**OXFORD**

**UNITED KINGDOM**

**OX3 0BX**

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### *Authorisation*

*Authoriser Designation:* **director**

*Date Authorised:* **12/09/2008**

*Authenticated:* **Yes (E/W)**