



Companies House
— for the record —

363a_(ef)

Annual Return



XCZAS9SB

Received for filing in Electronic Format on the: **12/05/2009**

Company Name: **BIO HEALTH & FITNESS REGENERATION SERVICES LIMITED**

Company Number: **06336898**

Company Details

Period Ending: **08/08/2008**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

7487

*Registered Office
Address:*

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

**2 THE HOMESTEAD
SAINT ANDREWS PARK
NORWICH
NORFOLK**

Details of Officers of the Company

Company Secretary 1:

Name: **ANDREA HILTON**

Address: **3 BIRCH COURT
SPROWSTON
NORWICH
NORFOLK
NR7 8LT**

Director 1 :

Name: **MARGARET DOREEN
HILTON**

Address: **80 ALLISON BANK
NORWICH
NORFOLK
NR1 1GW**

Date of Birth: **16/06/1943** *Nationality:* **British**

Occupation: **HOUSEWIFE**

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
ORDINARY	10	GBP10

TOTALS

10	GBP10
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Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/08/2008 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

5 ORDINARY Shares held as at 08/08/2008

Name:

MARGARET DOREEN HILTON

Address:

88 GEOFFREY WATLING WAY

NORWICH

UNITED KINGDOM

NR1 1GW

Shareholding 2:

5 ORDINARY Shares held as at 08/08/2008

Name:

NEIL ALLISON RICHMOND

Address:

2 THE HOMESTEAD, ST. ANDREWS PARK

NORWICH

UNITED KINGDOM

NR7 0GL

Authorisation

Authoriser Designation: **director**

Date Authorised: **12/05/2009**

Authenticated: **Yes (E/W)**