

Registered Number:06324596

England and Wales

Fresh (Care Consulting) Limited

Unaudited Financial Statements

For the year ended 31 July 2019

Fresh (Care Consulting) Limited

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Statement of Financial Position  
As at 31 July 2019

	Notes	2019 £	2018 £
<b>Fixed assets</b>			
Property, plant and equipment	2	758	995
		<b>758</b>	<b>995</b>
<b>Current assets</b>			
Trade and other receivables	3	21,201	17,182
Cash and cash equivalents		243,500	220,907
		<b>264,701</b>	<b>238,089</b>
<b>Trade and other payables: amounts falling due within one year</b>	4	(35,857)	(23,902)
<b>Net current assets</b>		<b>228,844</b>	<b>214,187</b>
<b>Total assets less current liabilities</b>		<b>229,602</b>	<b>215,182</b>
<b>Net assets</b>		<b>229,602</b>	<b>215,182</b>
<b>Capital and reserves</b>			
Called up share capital		1	1
Retained earnings		229,601	215,181
<b>Shareholders' funds</b>		<b>229,602</b>	<b>215,182</b>

For the year ended 31 July 2019 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2019 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for: a) ensuring that the company keeps proper accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved and authorised for issue by the Board on 15 December 2019 and were signed by:

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S McCallum Director

# Fresh (Care Consulting) Limited

## Notes to the Financial Statements For the year ended 31 July 2019

### Statutory Information

Fresh (Care Consulting) Limited is a private limited company, limited by shares, domiciled in England and Wales, registration number 06324596.

Registered address:

Driftway House  
Dullingham Ley  
Newmarket  
Suffolk  
CB8 9XG

The presentation currency is £ sterling.

### 1. Accounting policies

#### Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical costs convention as modified by the revaluation of certain assets.

#### Revenue recognition

Turnover is measured at the fair value of the consideration receivable, excluding value added tax.

#### Property, plant and equipment

Property, plant and equipment, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their

expected useful lives on the following basis:

Computer Equipment	25% Straight line
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### 2. Property, plant and equipment

Cost or valuation	Computer Equipment £
At 01 August 2018	7,162
Additions	299
At 31 July 2019	<b>7,461</b>
<b>Provision for depreciation and impairment</b>	
At 01 August 2018	6,167
Charge for year	536
At 31 July 2019	<b>6,703</b>
<b>Net book value</b>	
At 31 July 2019	<b>758</b>
At 31 July 2018	<b>995</b>

# Fresh (Care Consulting) Limited

## Notes to the Financial Statements Continued For the year ended 31 July 2019

### 3. Trade and other receivables

	2019	2018
	£	£
Trade debtors	18,900	16,643
Other debtors	2,301	539
	<b>21,201</b>	<b>17,182</b>

### 4. Trade and other payables: amounts falling due within one year

	2019	2018
	£	£
Trade creditors	-	312
Taxation and social security	16,660	18,734
Other creditors	19,197	4,856
	<b>35,857</b>	<b>23,902</b>

### 5. Average number of persons employed

During the year the average number of employees was 1 (2018 : 1)

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.