

FRESH (CARE CONSULTING) LIMITED

Abbreviated Accounts

For the year ended 31 July 2012

Company Registration Number 06324596

THURSDAY



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COMPANIES HOUSE

FRESH (CARE CONSULTING) LIMITED

Abbreviated Accounts for the year ended 31 July 2012

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FRESH (CARE CONSULTING) LIMITED

Abbreviated balance sheet as at 31 July 2012


	<u>Notes</u>	<u>2012</u>	<u>2011</u>
		£	£
Fixed assets			
Tangible assets	2	1,451	1,969
Current assets			
Debtors		11,174	15,856
Cash at bank and in hand		133,866	69,098
		145,040	84,954
Creditors, amounts falling due within one year		(42,471)	(44,130)
Net current assets		102,569	40,824
Total assets less current liabilities		104,020	42,793
Provision for liabilities		(290)	(394)
		103,730	42,399
Capital and reserves			
Called up share capital	3	1	1
Profit and loss account		103,729	42,398
Shareholders' funds		103,730	42,399

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006

For the financial year ended 31 July 2012 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

Approved by the board of directors on 22/03/2013 and signed on its behalf

 S McCallum – Director

Company Registration No: 06324596

The notes on pages 2 to 3 form part of these abbreviated accounts

FRESH (CARE CONSULTING) LIMITED

Notes to the abbreviated accounts for the year ended 31 July 2012

1 Accounting policies

a) Basis of accounting

The financial statements are prepared on the historical cost basis of accounting and have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

b) Turnover

Turnover represents net invoiced sales of services and expenses, excluding value added tax

c) Depreciation of tangible fixed assets

Depreciation is provided on all tangible fixed assets at rates calculated to write off the full cost or valuation less estimated residual value of each asset over its estimated useful life. The principal rates in use are:

Computer equipment	25%	on cost
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d) Deferred taxation

Deferred tax is provided in respect of the tax effect of all timing differences that have originated but not reversed at the balance sheet date

A deferred tax asset is regarded as recoverable and therefore only recognised when, on the basis of all available evidence, it can be regarded as more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted

Deferred tax is measured on a non-discounted basis, at the average tax rates that are expected to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date

2 Fixed assets

	Tangible fixed <u>assets</u> £
Cost:	
At 1 August 2011	4,751
Additions	567
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At 31 July 2012	5,318
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Depreciation:	
At 1 August 2011	2,782
Provision for the year	1,085
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At 31 July 2012	3,867
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Net book value:	
At 31 July 2012	1,451
	<hr/> <hr/>
At 31 July 2011	1,969

FRESH (CARE CONSULTING) LIMITED

Notes to the abbreviated accounts for the year ended 31 July 2012

3 Called up share capital

	<u>2012</u>	<u>2011</u>
	£	£
Allotted, called up and fully paid		
Equity shares:		
Ordinary share of £1 each	<u>1</u>	<u>1</u>