



Companies House
— for the record —

AR01 (ef)

Annual Return



XBP4LNHQ

Received for filing in Electronic Format on the: **17/09/2010**

Company Name: **A BETTER YOU LIMITED**

Company Number: **06323172**

Date of this return: **25/07/2010**

SIC codes: **8042**

Company Type: **Private company limited by shares**

Situation of Registered Office: **50 HILLYARD ROAD
LONDON
UNITED KINGDOM
W7 1BJ**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **ELLIOT**

Surname: **DECOURTNEY-ODLE**

Former names:

Service Address: **35 HURSTFIELD CRESCENT
HAYES
MIDDLESEX
UB4 8DN**

Company Director 1

Type: **Person**
Full forename(s): **MR OSCAR**

Surname: **OGWEL**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **16/07/1985** Nationality: **BRITISH**
Occupation: **BUSINESS**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

(A) FULL VOTING RIGHTS, INCLUDING RIGHTS THAT ARISE ONLY IN CERTAIN CIRCUMSTANCES; (B) DIVIDENDS PAID SUBJECT TO DIRECTOR APPROVAL, DIRECTOR TO PARTICIPATE IN A DISTRIBUTION; (C) LIABILITY LIMITED TO AMOUNT UNPAID ON THE RELEVANT SHARE

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 25/07/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 1 ORDINARY shares held as at 2010-07-25
Name: OSCAR A BETTER YOU LTD

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.