

Unaudited Financial Statements for the Year Ended 31 July 2020

for

Body 2 Fit Limited

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Balance Sheet

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Balance Sheet
31 July 2020

	2020		2019	
	£	£	£	£
FIXED ASSETS		3,581		5,033
CURRENT ASSETS	28,657		24,895	
CREDITORS				
Amounts falling due within one year	<u>(31,853)</u>		<u>(22,743)</u>	
NET CURRENT (LIABILITIES)/ASSETS		(3,196)		2,152
TOTAL ASSETS LESS CURRENT LIABILITIES		385		7,185
CREDITORS				
Amounts falling due after more than one year		-		14,235
NET ASSETS/(LIABILITIES)		385		(7,050)
CAPITAL AND RESERVES		385		(7,050)

NOTES TO THE FINANCIAL STATEMENTS

1. STATUTORY INFORMATION

Body 2 Fit Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

Registered number: 06318309

Registered office: Total Fitness Teesside
Middlesbrough Road
Thornaby
Stockton on Tees
TS17 7BN

The presentation currency of the financial statements is the Pound Sterling (£).

2. AVERAGE NUMBER OF EMPLOYEES

The average number of employees during the year was 5 (2019 - 6).

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2020 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

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The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director and authorised for issue on 29 April 2021 and were signed by:

Miss J Feary - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.