

Abbreviated Unaudited Accounts for the Year Ended 31 July 2013

for

Body 2 Fit Limited

Body 2 Fit Limited (Registered number: 06318309)

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for the Year Ended 31 July 2013**

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Abbreviated Balance Sheet
31 July 2013

	Notes	2013 £	£	2012 £	£
FIXED ASSETS					
Intangible assets	2		7,200		9,000
Tangible assets	3		<u>4,956</u>		<u>1,750</u>
			12,156		10,750
CURRENT ASSETS					
Debtors		14,824		18,280	
Cash at bank		<u>9,349</u>		<u>27,276</u>	
		24,173		45,556	
CREDITORS					
Amounts falling due within one year		<u>35,251</u>		<u>46,126</u>	
NET CURRENT LIABILITIES			(11,078)		(570)
TOTAL ASSETS LESS CURRENT LIABILITIES			1,078		10,180
PROVISIONS FOR LIABILITIES					
			<u>991</u>		<u>-</u>
NET ASSETS			<u>87</u>		<u>10,180</u>
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Profit and loss account			<u>(13)</u>		<u>10,080</u>
SHAREHOLDERS' FUNDS			<u>87</u>		<u>10,180</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2013.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2013 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year
- (b) of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 12 March 2014 and were signed on its behalf by:

Miss J Feary - Director

**Notes to the Abbreviated Accounts
for the Year Ended 31 July 2013**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents amounts receivable for goods and services.

Goodwill

Acquired goodwill is written off in equal instalments over its estimated useful economic life of 10 years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 33% on cost and 25% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Operating lease rentals are charged to the profit and loss account on a straight-line basis over the term of the lease.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 August 2012 and 31 July 2013	18,000
AMORTISATION	
At 1 August 2012	9,000
Amortisation for year	1,800
At 31 July 2013	10,800
NET BOOK VALUE	
At 31 July 2013	7,200
At 31 July 2012	9,000

Notes to the Abbreviated Accounts - continued
for the Year Ended 31 July 2013

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 August 2012	42,704
Additions	6,118
At 31 July 2013	<u>48,822</u>
DEPRECIATION	
At 1 August 2012	40,954
Charge for year	2,912
At 31 July 2013	<u>43,866</u>
NET BOOK VALUE	
At 31 July 2013	<u>4,956</u>
At 31 July 2012	<u>1,750</u>

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	2013 £	2012 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

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