



Companies House

for the record

Please complete in typescript,
or in bold black capitals

CHWP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

06318309

Company Name in full

BODY 2 FIT LIMITED

Date of
appointment

Day Month Year
1 4 07 2 0 0 7

Date of
Birth

Day Month Year
1 1 1 1 9 7 7

Appointment form
Appointment as director

X

as secretary

Please mark the appropriate box if appointment is
as a director and secretary mark both boxes

NAME

Style / Title

MR

Honours etc

MSC

Notes on completion
appear on reverse

Forename(s)

ROBERT

Surname

WHITE

Previous
Forename(s)

Previous
Surname(s)

* Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

** Usual residential
address

3 WEST MEWS

Post town

YARM

Postcode

TS15 9BN

County / Region

STOCKTON-ON-TEES

Country

ENGLAND

Nationality

BRITISH

Business occupation

PHYSIOTHERAPIST

Other directorships
(additional space overleaf)

Consent signature

X

Date 19-7-07

* Voluntary details
† Directors only
** Delete as appropriate

A director, secretary etc must sign the form below.

Signed

For and on behalf of WILDMAN & BATTELL LIMITED

Date 19-7-07

(* a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record

WILDMAN & BATTELL LIMITED

9 PERSEVERANCE WORKS, KINGSLAND ROAD

LONDON E2 8DD

Tel 020 7729 7712

DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

FRIDAY



A37

AVP3KREM
20/07/2007
COMPANIES HOUSE

168